



ST. LOUIS SCHOOL CAREERS TEAM NEWSLETTER

August 2016

Issue 2

In this issue

- ▶ Get to know our team
- ▶ Activities Gallery
- ▶ Student Sharing
- ▶ St. Louis Mentorship Programme
- ▶ S5 Inter-class Careers Quiz Competition
- ▶ Winner of the S3 Careers Webpage Design Competition

Notice Boards

1/F, Block B and 2/F, Block C

Careers Corner



http://www.stlouis.edu.hk/user_page/page.php?page_id=59

Activities

Gallery



<https://www.facebook.com/slscareersteam>

Get to Know Our Team

Team Members (2015 - 2016)

S6 Coordinator	Mr CHAN Shui Leung, Anthony (Team Head)
S5 Coordinator	Mr CHAN Chun Ket, Patrick (Vice Team Head)
S4 Coordinator	Ms NG Kar Wai, Vivien (Vice Team Head)
S3 Coordinator	Mr WONG Chun Yuen
S2 Coordinator	Mr CHEUNG Ka Ho
S1 Coordinator	Mr LAI King Wai
Secretary	Mr WONG Ka Kit, Mr. CHAN Man Yiu and Ms LIM Ching Fung



Our Mission

- ▶ Provide guidance and counselling to assist students to understand their aspirations, abilities and needs and plan their career path.
- ▶ Equip students with job related and life skills, such as interviewing skills, communication skills, decision making skills and social skills, etc.
- ▶ Collect, update and disseminate information on further education, vocational training opportunities, job opportunities and requirements of different jobs.

OUR WORK

Endeavouring to accomplish our mission, we have built in our curriculum a progressive career and life planning (CLP) programme with a different focus at each level. We also organise multifaceted activities each year in partnership with St. Louis Old Boys' Association (SLOBA) and St. Louis School Parents-Teachers Association (PTA), which are always well-received. This section walks you through the effort we put into inspiring our students over the 2015/16 academic year and some stories shared by our students.

2015-11-07

S5 HKU INFORMATION DAY FOR UNDERGRADUATE ADMISSIONS



Our student leaders



Learning to be an optometrist

September

October



2015-10-09

S4 CAREERS TALK (JOURNALIST)

2015-10-28

JOB SHADOWING CHUNG NAM INNOVATIONS LIMITED



Understanding the structure of a motor car



2015-11-17

ELECTRONIC & MECHANIC
SERVICES DEPARTMENT VISITReflection for E&M Service
Department Visit

In the visit, I learnt that the Electrical and Mechanical Services Department has incorporated environmentally friendly design in its building to promote the efficient use of energy. For example, most of the electricity used in the building is generated by renewable energy resources. I had the opportunity to see how solar panels absorb sunray and generate electricity. Moreover, the idea of installing air-conditioners on the ground floor of a building to lower energy use is a new concept to me. In my opinion, the most memorable part in the visit was observing ammonia refrigerants. After visiting the Electrical and Mechanical Services Department, I realise that we all should conserve and sustain a green environment for the world. In addition, I gain more understanding about the relationship between electrical and mechanical engineering and the efficient use of energy.



Understanding the working principle of solar board

3A (6) Chang Yat Chung(張一中)

November

December

2015-11-12

參觀理工大學(土地測量及
地理資訊學系)的感想

4D (29) 湯澤霖 (Tong Chak Lam)

很高興今次有機會參觀香港理工大學的土地測量及地理資訊學系。在是次參觀中，我認識了「土地測量及地理資訊」這個我本來陌生的大學學系。理工大學為我們準備的講座令我們對此學科有充分了解，也增加我們對該學系的興趣。在這次活動中，我們更有機會接觸一些學系使用的測量器材。

總括而言，我很感謝學校讓我參加是次活動，令我擴闊了眼界，加深對大學學科的認識。我對土地測量及地理資訊學系也因此起了興趣。希望學校將來可以舉辦更多這樣的活動。

2015-11-24

MOUNTAIN DAVIS
AMBULANCE DEPOT VISIT

CPR demonstration

Daily work
introduction



Attending workshop at the Marine Department and The Hong Kong Police Force corner.



2016-01-29

EDUCATION AND CAREERS EXPO 2016

January

February

March

April

參觀海洋公園的感想

5D (5) 張俊彥 (Cheung Chun Yin)

我在4月8日跟隨升學及就業輔導組前往海洋公園，參觀了海洋哺乳類繁殖研究中心。今次活動令我了解到若有志成為一個海豚訓練員，不但需要懂得游泳，還要對動物有愛心，即使在颱風襲港，十號風球高掛的日子，仍要堅守崗位，照顧中心內的海豚。

接待我們的職員跟我們分享，在上班的第一天，為了不讓海豚誤會你是敵人，必須盡快與海豚打交道，得到他們的信任，甚至要記熟每一隻海豚獨有的特徵。我認為這可不容易。可是，身為一個喜愛動物的人，我享受和不同的動物相處，我相信這會是一件有趣的工作。



2016-04-08

WORKPLACE VISIT OCEAN PARK



Introducing the career path in Ocean Park



2016-03-10

JOB SHADOWING AT DOCTOR WONG YIN HO'S CLINIC



2016-04-09

JOB SHADOWING TIME TECHNOLOGY COMPANY



Circuit Board design

2016-04-06

INTER-CLASS CAREERS QUIZ COMPETITION



The First S5 Inter-class Careers Quiz Competition is being organised.

Reflection for Job Shadowing - Dentist

3D (26) Tang Ho Long 鄧浩朗

Dr. Wong Yin Ho (黃賢浩) is a dentist who graduated from St. Louis School in 2004. He works at his own dental clinic in Java Road, North Point. We are honoured to have the opportunity to visit his clinic and explore a dentist's day-to-day schedule and duties. At first, he introduced some commonly used apparatus and equipment in dental clinics. Then, he presented some major dental problems, such as cavities and tooth decay, and suggested various approaches that would help repair the spot through tooth models.

After the job shadowing, I discover that being a dentist is not easy. Great patience is required. Why? A dentist may be unable to decide a proper course of action if he does not listen to the patients' problems patiently. Moreover, it is also important for dentists to possess other skills, for instance, attention to detail, good hand skills and coordination, resilience, strong leadership skills and a talent for talking to people. With this experience, I may consider dentistry as my profession in the future.

Reflection for Ocean Park Visit

4C (23) Tang Yat Chun 鄧逸駿

How do you feel when you have an opportunity to visit the Ocean Park? Despite feeling excited, have you ever wondered how this theme park runs? Luckily, my fellow schoolmates and I can catch a glimpse of it.

At first, we attended a talk about the responsibilities and duties of different posts. Then, we visited the aquarium and observed the daily work of aquarium caretakers. As we stepped on the maintenance pit of the aquarium, the aquarium caretakers showed us around and introduced different tools and devices. He mentioned that aquarium caretakers might need to dive, so it is necessary for them to acquire different skills and knowledge. On top of that, being respectful to marine life and patient under any circumstances are prerequisites. Otherwise, they may risk the danger of suffering from the decompression sickness or at worst at the cost of life. The aquarium caretaker imparted his personal experience to us and advised us not to give up on our dreams easily. This visit is a wonderful experience to all of us. Apart from knowing how the Ocean Park runs, I have also gained practical knowledge which is way beyond my expectation.

2016-04-29

WORKSHOP FOR THE HONG KONG AVENUE OF COMIC STARS



Completing the post-visit assignment, comic design



WORKSHOP FOR ENERGIZING OUR FUTURE CITY

出席激活未來城市「Energizing Our Future City」工作坊的學生

May

June

July

參觀中南創發有限公司感想

5D (7) 蔡澤豐 (Choi Chak Fung)

我們參觀了中南創發公司旗下的工廠。這次機會可謂十分難得。

眾所周知，工場重地，閒人勿近，即使是一間小小的餐廳亦不例外，何況是大企業。可是身為我校校友的負責人莊先生對我們一班師弟親切而信任。當天還派了幾位現任的工程師和幾位工作人員為我們詳細解釋電動車的原理，又讓我們一睹小巴車底的構造，逐一介紹林林總總的小巴組件，最後更不厭其煩地解答各位同學的提問。令我們得益不少。

中午時，莊先生慷慨地邀我們一同進餐。共進午膳時，他分享了不少生活知識，如正確的執筷子方法，餐桌禮儀等。由此，我看到了一個成功人士具備的特質處事認真和一絲不苟。

飯後，我們隨莊先生來到公司總部，在那裏我認識了公司各部門的運作，使我們對公司運作有更全面的了解。後來才知道，原來他們為了這次簡介演講，竟事前綵排了三次。師兄的濃情厚意，實在令我們感動。



Learning to be a news reporter



2016-7-10

TVB VISIT



St. Louis Mentorship Programme (SLMP)

St. Louis Mentorship Programme (SLMP), jointly initiated by the Careers Team and St. Louis Old Boys' Association (SLOBA) in 2007, is established in conformity of our school motto, Scientia et Pietas, to foster a holistic development in our students as they prepare for their lives beyond secondary education. The programme aims to provide our elite student-mentees with opportunities to interact with our proficient alumni-mentors in order to better equip themselves, explore further study and careers opportunities, and thereby develop their potentials and actualise their academic and careers aspirations.

Here are the activities throughout the programme:

Launching Gathering

Mentors and mentees met at school and were given the discretion to decide on the mentorship arrangements and meetings. While no specific rules were in place, the mentors and mentees were encouraged to meet at least three times throughout the year, apart from the regular activities organised by the Careers Team, so that the objectives of the programme could be fulfilled.

Easter Gathering

Mentors and mentees went to hiking in Lamma Island to further build up the mentoring relationships between alumni and our students. After that, an alumnus gave an industry sharing session on electrical engineering to convene in discussion about career planning, work environment, and job opportunities.

Joint-school Mock Interview

The purpose of the Joint-school Mock Interview was to provide students with an opportunity to practise their interviewing skills in an environment similar to an actual interview. They could, therefore, have a great opportunity to become familiar with interview questions and interview etiquette. During the interview, our mentors from diverse fields including hospitality, banking, engineering, IT, etc., served as interviewers.

CV Writing Workshop

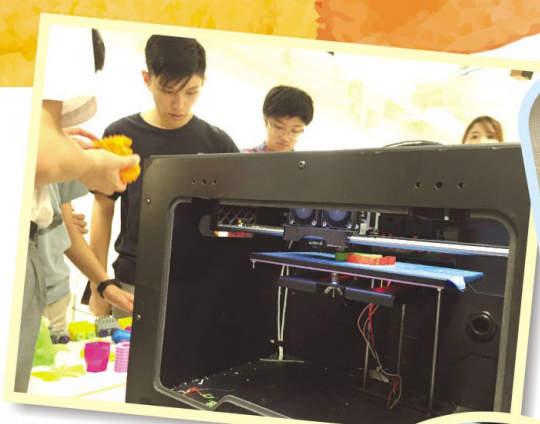
An external professional taught our students to write their CV and cover letter. She gave tips and techniques to ensure our students' CV stood out from the crowd. Also, she presented the required language and communication techniques to make the CV unique and attractive.

Public Speaking Workshop

The workshop developed students' professional skills in communication and speech on stage. It also helped boost students' confidence in speaking in public so that they could not only impress teachers and visitors of our school, but also their future employers.

3D-printing Workshop

Students gained exposure to the main facets of 3D Printing including 3D Scanning, 3D Modelling, preparing the file for print, and finally, 3D Printing in this 3-day workshop. They designed and produced their own products using 3D modeling software and 3D printing techniques on the last day of the workshop.



Students are designing and building their products using 3D modeling software and 3D printing techniques.



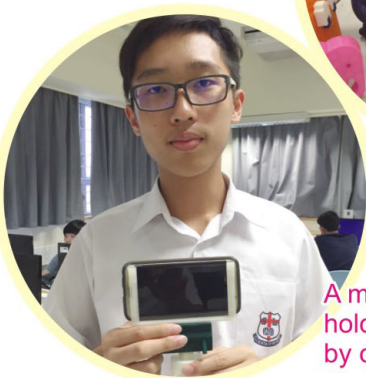
An external professional is assisting our students in writing a successful curriculum vitae.



Students and alumni are being grouped according to students' professional orientations and alumni's field of work.



Models are being printed in the 3D-Printing Workshop.



A mobile phone holder is created by our student.



A public speaking workshop is being run to help students improve oratory skills.



A joint-school mock interview is being held with True Light Girl's College.



Alumni of our school are serving as interviewers.



A mock interview is being carried out.



Apart from sharing professional expertise, students, alumni and teachers are developing friendship through hiking.



An alumna is conducting a careers seminar for our students.

S5 Inter-class Careers Quiz Competition

On 8 April, 2016, the Careers Team held the first-ever Careers Quiz Competition with the aim to familiarize students with the necessary information they should know for further studies, both local and abroad.

The quiz consisted of three rounds. In Round One, three representatives from each class had to give response to 5 questions related to local universities application. In Round Two, the four teams competed against each other to give the quickest response to questions about Associate Degree and Higher Diploma (AD/HD) programmes. In Round Three, 8 students from each class and their respective class teachers pulled together to answer questions regarding overseas studies on an interactive online platform.

We are greatly delighted by the enthusiasm of all participants. The results of the competition were as follows:

Champion	S5A	Chan Chi Ho	Lo Ka Chung	Wan Kam Hung
First runner-up	S5D	Chim San	Choi Chak Fung	Ng Yat Ming

S3 Careers Webpage Design Competition

1st. <http://home.stlouis.edu.hk/~sls21952/project.html>

2nd. <http://home.stlouis.edu.hk/~sls21770/project.html>

3rd. <http://home.stlouis.edu.hk/~sls21757/project.html>

4th. <http://home.stlouis.edu.hk/~sls20798/project.html>

5th. <http://home.stlouis.edu.hk/~sls21898/project.html>

6th. <http://home.stlouis.edu.hk/~sls21949/project.html>

Champion	S3A	Mok Ka Kiu
First runner-up	S3A	Tsang Wai Tung
Second runner-up	S3B	Ng Man Chung