# Aloysians Vol. 46 No. 1

By Aloysians Editorial Board, St.Louis School in February, 2015 Address: 179 Third Street, West Point, Hong Kong Telephone Number: 25460117

# Joint Club Exhibition 2014 Chow Lok Man 5D

員象棋對

The Joint Club Exhibition, one of the most important events in the beginning of the school year, was successfully held on 26thSeptember. This year, a total of 20 clubs, being grouped under three categories: Sports, Academic and Interests and Services, participated in the JCE. In addition, a number of clubs were also participating in the JCE for the first time, making the JCE more multi-faceted .The JCE provides a great opportunity for students to join the clubs they are interested in, and also for the clubs to promote their clubs. Various games and booths were set up during the JCE and overall our students enjoyed the activities organized by the clubs. Here we invite the person in charge of JCE, and other club chairmen to give us a recap of the JCE.

# Tsoi Hin Yao Tobias Person-In-Charge of JCE

殘局。

Time flies. It has been 2 months since the 9th JCE was organized. This was the first function, a mass school-based promotional activity held by SAA. This day was scheduled with the inauguration ceremony for the new committee members and the JCE. This year, a total of 17 SAA clubs and 5 non-SAA clubs set up their booths to promote the club activities in the afternoon.

When we had the first regular meeting, I was chosen as the person-in-charge of JCE. I was shocked at that moment, as it was the first time I had ever been assigned to such kind of large scale school activity, of which I had no similar previous experience in the past. I tried to turn down the offer, but in vain. I was very nervous and worried during the



preparation period. I worried that I couldn't complete the jobs, I worried that I would be blamed by the teachers, I worried that the weather would be bad on that day... A lot of worries surfaced in my mind, and I became very stressed. Hopefully, my brothers in SAA showed their immense support behind me. Also, the clubs' chairmen cooperated well with me and so the things could be straightened out smoothly. Nevertheless, the most important thing was that the teacher advisors of SAA – Mr Chong, helped me a lot during the preparation. He helped me to solve a lot of problems, and prioritized the to-do list for me. Without the help from these people, JCE cannot be successfully realised.

Last but not least, thank you for your full participation. Your participation has indicated that our effort was not wasted.





#### Thomas Kan, Chairman of Interact Club

We are the Interact Club, one of the non-SAA clubs. Last year, we held the game 'the 4 Interact powers' which later turned out to be a roaring success. Therefore this year we decided to use this game again. On the other hand, we held a new game called the 'Dark Site'. We noticed that most of the students don't know the aim of Interact Club, and therefore, we designed this game to help students to understand the aims as well as the target group Interact Club serves. Additionally, we have included a short drama performance in our JCE. We hope that the show could give our students an impression of our services. In the future, we are going to organize regular social services.

# Jeff Man, Chairman of Drama Club

Drama is not just about people walking and gossiping around on stage, but a team project that requires co-operation and messages are usually sent. Every single production is not an easy thing especially for students who need to strike a balance between their academic results and their interests. That's why drama is not the most popular thing in our secondary life. But we are going to provide you with drama activities! Before the day of the JCE, our committee team had put effort in having our board decorated and games set up. One of them require the participants to act out some popular characters named. This game did bring lot of fun and joy. I really would like to thank all my committee members. This year we are going to have drama workshops and also, our annual joint school drama production, and Grand Drama Showcase. I hope everyone can find an interest in or through drama production.



# Andy Liu, Chairman of Youth Club

This year, for the JCE, the Youth Club prepared three games. One of them was called a "big shot" in grid "怒射四宮格", which was the most popular game. It was because the game was challenging and there was interaction among schoolmates in the game. We also made a signboard and distributed some leaflets to show our club location and the coming events. I guess these are the innovative promotional strategies. Here, I want to express my sincere gratitude for all the efforts my committee members have taken before JCE and on that day. Without their selfless giving, JCE could not be as successful as it was. Finally, we are going to organize meaningful events and services for our junior and senior schoolmates. Join us and support us!



J.C.E. offers us a great opportunity to present our club to our fellow schoolmates and uncover the hidden potential of those in our school who share a passion for political affairs with us. Thanks to the generous help of the S.A.A., we managed to put up a great station on that day with unexpected satisfactory provided that we've recruited a number of keen members coming from an array of groups and ages. I am sure that I have shared with our helpers or even the workers of other clubs and the S.A.A. a precious experience while preparing for the event in the previous night. To be honest, being a club chairperson, I have never had the faintest idea that I could have taken such an important post like the big Secondary 6 boys since I came into this school . Yet now being engaged in the club 24/7, many of my committee members and



I have to look for a way to cope with this intensive workload, especially for a new club in the first year. Time management skills and prioritisation in particular are some of the many things we have gained after starting up this club. Therefore I urge all of you who haven't tried out organizing activities to give it a shot and I assure that you would be surprised by what you have gained from the process. And moreover I urge all of our schoolmates who share the common interest towards the arts and philosophical side of politics to join hands with us in the idea of chasing after the dream of the world, making it a more harmonious place to live in. So sit tight and enjoy an array of activities coming up which are both intellectual and purely fun.

P.S.: Joint-school June fourth package is coming up for recruiting helpers. Please contact me if interested in organizing some serious academic joint-school activities like never before!

Overall, the JCE was surely a great success. Everyone in the school had a great afternoon and students will definitely learn a lot from what different clubs are going to offer this year. As the first major event of the school year, the JCE didn't disappoint us. And it has also set the stage for the upcoming events in this school year. The play is on now.





Mr. Lane is our new Native-speaking English Teacher (NET). He is in charge of teaching Oral English and Language Arts in Forms 1 and 2 and also training debate teams in Forms 3 and 4.

REAUAS IV

Mr. Lane may seem like a typical foreigner, but he has a quite interesting background. Mr. Lane is British but his mother is German. He was born in Malaysia, where his father was working for the Ministry of Defence. Mr. Lane left Malaysia when he was two years old and grew up in a small town called Gloucester in England. Mr. Lane is married to a Korean and has a son and a daughter.

Mr. Lane has rich teaching experience and he can speak different languages. He studied Spanish and French while he studied at King's College, London University. He first had an office job when he left university but soon he found it very boring. So he decided to switch to teaching and got a job in Madrid, Spain. Soon he became determined to continue teaching and began his teaching career in earnest. Mr. Lane then moved to Melbourne, Australia for another five years of teaching. Having arrived in Hong Kong in 1998, he is in his seventeenth year of teaching in Hong Kong secondary schools.

Everyone has his favourite hobbies. Mr. Lane likes to do sports, especially rugby, very much. He likes to keep fit by playing sport and hiking. He also enjoys travelling. He once spent six months travelling in countries in Asia and Europe such as Russia, China, Nepal and India. Recently he spends most of his time taking care of his family and so doesn't have much time left for his hobbies.

WONG HOI FUNG STANLEY (5D)

People wouldn't come all the way to Hong Kong without good reason. Mr. Lane is no exception to that. As Hong Kong lies between his homeland Britain and Australia and is close to his wife's home country Korea, Mr. Lane thinks Hong Kong is the best place for his family to live. The second reason is quite unexpected. During his teaching in Australia, the good performance, hard work and brightness of the Hong Kong students he taught there impressed him greatly.

However, Hong Kong is very different from his homeland and the small town he grew up in. His hometown, Gloucester, is located in the southwest part of England. It has beautiful countryside, which is famous all around the world. Mr. Lane said there is more greenery and less pollution in his homeland. Still, Mr. Lane loves the energy and excitement of Hong Kong very much and also the beautiful beaches that can be found in the New Territories and Outlying Islands. He began to love Hong Kong very much soon after he arrived.

As Mr. Lane likes teaching good and capable students, he chose to work in St. Louis School because it is a school that uses English as a medium of instruction (EMI). He wanted to try teaching in an EMI school as the schools he worked in before were CMI schools. Also, he likes the fact that St .Louis School is located within walking distance of his home.

When Mr. Lane was asked about his first impression of students at St. Louis School, without pause he answered, ''curious,'' ''very lively,''

"good and nice," and "interested in learning." He concluded that most students are smart, diligent, inquisitive, and well behaved. Mr. Lane is also confident about the English level of students. Although Mr. Lane is new and still learning how things work in St. Louis School, he expressed that there were no major difficulties or challenges during his first few months of teaching in St. Louis School.

As a Net teacher, Mr. Lane has a few suggestions for students to improve their English. "Without doubt, the best way is to read." Mr. Lane explains that reading helps students develop grammar and vocabulary skills which are essential for the preparation of the HKDSE. Despite the fact that nowadays there are many available means for student to learn English, Mr. Lane believes reading is the best way to improve English along with watching movies and TV and listening to music. He encourages students to read different kinds of articles published in newspapers, magazines and books and to read as much as they can.

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# When HISTORY HISTORY HISTORY Lo Yuk Hei Theo (5D)

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Miss Kwok admits that she is a Movie Bob. She loves to watch movies very much. She may even eventually spend ten hours on movie watching. During her free time, she might buy tickets at the cinema to watch movies, or she might stay at home and enjoy the fun of the movies playing on TV. She loves to watch basically all kinds of movies except horror.

It was a miraculous adventure for Miss Kwok to apply for a teaching post in our school. In the past seven years, she had been recommended to teach Chinese language, which was not her interest. She is interested in teaching her major, History. So, when she saw a post on the web from our school, she decided to apply for that job as there were teaching posts for teaching History and Chinese History. While she became part of the family of our school, she didn't join any academic related clubs, but she is now the teacher advisor of the Youth Club. As we all know that Miss Kwok is very interested in History (very much like an obsession), she will consider joining clubs that are related to it, such as the Political Affairs Society. It seemed to be a destiny between Miss Kwok and our school. When she was teaching in the Madam Lau Kam Lung Secondary School, she was a teacher in charge for the joint school activity. Her students introduced some of our students to her. She actually knew some of us. Miss Kwok's first impression of St. Louis students was smart, energetic and outgoing, and she admitted that she liked us so much. To be frank, it was quite surprising that Miss Kwok knew some St. Louis students already before applying for our school. After teaching in St. Louis for a few months, she still carried the same impression towards our students – being smart and decent.

When asked about her feelings towards our students' learning attitude, Miss Kwok became hilarious and said that it was sometimes good, sometimes bad - depending on the students sleeping hours. When students slept well the night before, she thinks that our students may have a better manner. Miss Kwok thinks that some of the students are really interested in History, especially military history. Which she still hasn't found any similar students in her past teaching experiences. Like the Madam Lau Kam Lung Secondary School, she thinks the girls there were always trying to get good results for university admission. While she thinks the Chan Sui Ki (La Salle) College's students were just like dealing with a task, not really for fun or interest. However, when she is teaching here, especially Chinese History, she is quite impressed by our students as she can see how eager our students are to learn and ask questions.

When asked about her relationship with students, she described it as friends. As she thinks that both she and her students are in fair position. Even though she is a teacher, she may learn from our students, so as to improve her teaching strategy and skills through our students' feedback. So she thinks that she is the students' teacher academically, but when talking about interpersonal relationship and news about youngsters, she thinks that her students are actually her teachers.

Talking about Miss Kwok's expectations of our students, she has a Form Four Liberal Studies class, and she would like to let our students know more about our society, inequalities of the society and improve our thinking skills.

It was once rumored that Liberal Studies may change from a core subject to an elective subject. Miss Kwok pointed out that it was good for good for students to learn issues in Liberal Studies, as many students were not really enlightened even going to secondary school. She thought that the students lacked thinking skills and knew nothing about our society, especially as they didn't pick up a habit of reading newspaper. Miss Kwok described nowadays, teenagers like isolated individuals in their world, so she didn't support changing Liberal Study into an elective subject.

Miss Kwok thought that it is necessary to study History, and we could not use practicality to justify necessity, such as the learning of BAFS and Economics is practical, but all those are just theories which may not be applicable to working in today's society or companies. But when learning Chinese History or History, it could help students to train their mindset such as analytical skills, which she thinks can widen their horizons to the world. Moreover, she said that it would be better if senior forms could have a chance to study History.

Although she thought boys might not have a big interest in studying History, she still thought that boys would do better than girls in this subject, as boys have good analytical skills. However, she also pointed out that boys should develop better writing skills to present their ideas, as it is their weakness in the subject.



# CHASING DDEAN YOUR OWN DEEAN

WIr. Wong Ka Kit is a new Mathematics teacher and also a new member of our school career team. He had been a counselling teacher and moral education teacher before. He graduated from City University, majoring in Mechatronic Engineering. However, Mr. Wong didn't want to study engineering, he preferred to be a teacher instead.

Being forced to listen to his mother's will, he once had a quarrel with his mom which led to a big drop in his academic results. Later, he gave up his choice to study Engineering and continued pursuing his dream of being a teacher.

Mr. Wong wanted to become a teacher since he was in Primary Six. A composition entitled 'My Dream' inspired him to be a teacher because his Mathematics teacher was humorous and kind. He said being a good teacher requires passion and being ardent. So he set a goal and decided to pursue his dream.

As a new teacher of our school, his first impression of our students was they are very energetic and creative. What he found most difficult being a teacher in St Louis school is collecting homework. Mr. Wong saw homework as feedback of how much a student has learned after a day of teaching. Through collecting and marking homework, he could find out what difficulties students face and make sure they understand what he taught. However, he thought some of our students were reluctant to hand in their homework even if they did not understand and just simply copied others' work. So he has to waste time to spot out the students who copied homework.

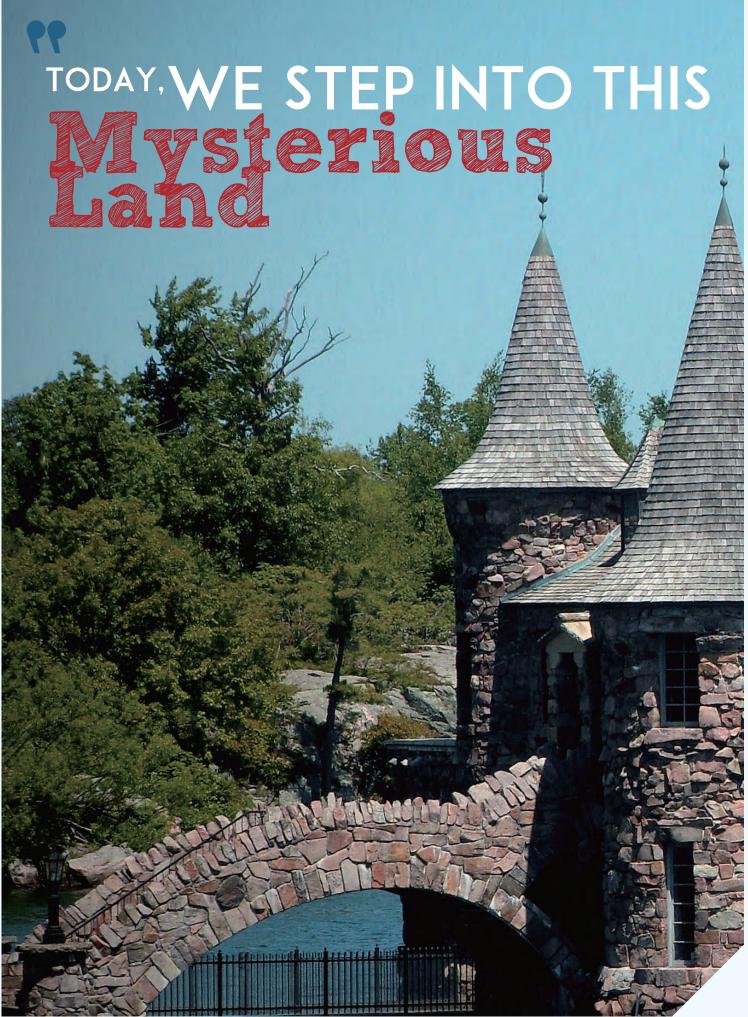
Also being a committee member of the careers team, he suggested that we planned our career soon. He advised us not to have an illusion that a dream is something in the future so we don't have to start planning. A dream is something you think is best for you and what you are eager to achieve most. He thinks career planning is especially hard in Hong Kong as students did not know much about themselves and when they finally realized that it was too late. Mr. Wong said that a dream can't be fulfilled in a single step. We needed a plan, a routine to accomplish our dream step by step so it was best for us to set our goal soon. While we were chasing our dreams, we might feel lost or confused. But there is always another way of completing our goal. He also added that we shouldn't be so pessimistic, hoping to achieve the impossible, but to deliberate what we have and what we like at that moment to change

#### Kwok Chak Kwan Lincoln (5C)

In Mr. Wong's spare time he likes to play board games, watch animations, read comics and sing. Mr. Wong has watched a meaningful cartoon called "Shugo Chara!" ("守護精靈"). It was said that every child has an 'egg of their spirit'. At first the eggs were white but as their own character started to develop, the egg became colourful and transformed to whatever they wanted it to be. Applying the same analogy, the egg was just like career planning. Teachers would help you to know yourself better. We receive an egg and the egg will start to change with our dreams and characteristics. Then we get to know who we really are. But unlike the cartoon, we'll have to work extra hard to reach our goal.

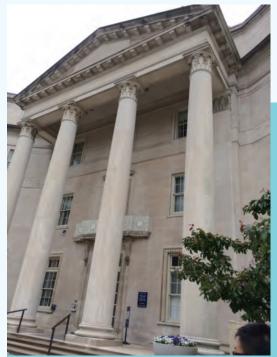
Lastly Mr. Wong noticed that our students' weakness was selfishness. We need to be more considerate about others feelings. Don't be too relaxed without working hard for our goal. He recommended us to be more responsible and work hard, play hard. He hopes to let students understand the importance of practicing. He pointed out that students should understand freedom is a post-condition for self-discipline, but not just entitle to absolute freedom without caring about others' feelings.





A famous castle on the Thousand Island, which straddles the Canada-U.S. Border.

22 2 Conversity, the landmark of New Haven, Connecticut, is renowned as the third-oldest institution of higher education in the United States. It is more like a museum packed with Gothic-styled architecture, housing elite scientists and researchers from all over the globe to work and study together. Someone once said that university is nothing without a soul and it is the people there that give it a soul. At Yale, you can smell a whiff of cultural atmosphere by seeing people reading books everywhere on the streets, on a bench in a park, inside a coffee shop. Unlike us having a hustle and bustle life, they seem to enjoy more about "life".



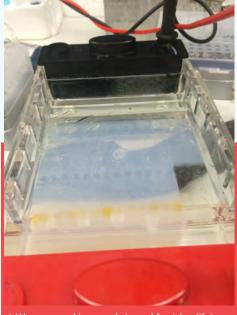


Paying a visit to a top-notch university has been a dream for me and working with the experts and respectable professors may never be achieved in my lifetime. I consider myself a lucky person as I was given the chance to work in the Sung Lab in Yale University for three weeks. At first, I believed that I could learn more about university laboratory work and possibly the underlying principles, but that was just a fantasy. What we learnt in secondary school was just a tiny piece of dust in their eyes and even though they tried their best to explain what they were trying to achieve from the experiments, I had to do some research to know more about what he was doing. Despite this, I had so many wonderful experiences throughout the journey and gained a lot that I have never expected...

Every day, we arrived at the laboratory and started our work at 9a.m. The United States' education system is totally different from ours. Usually, we wait for teachers to assign work for us to do, but in the US, you will fail if you just keep waiting. That's why you have to be proactive and take the initiative to ask for work. Every morning, we consulted the professors to see if they had any work for us to do. If not, we would just stand aside to see their demonstration perhaps. At first, I couldn't get used to it as I think it may be a disturbance to them and it was a weird thing in my eyes to talk with strangers, but after a few days when they all welcomed us to see what they were doing and were willing to explain their work to us



3 weeks was a short period of time for an internship, but the experience I had gained was priceless. I have learnt to conduct different experiments. We tried to culture a medium for bacteria and yeast to grow and harvest it. We also managed to make different kinds of gels, for instance protein gel, DNA gel to test for the presence of a specific band of a certain DNA/protein. We also tried to make colonies on a jelly plate and used it to test the presence of a particular protein known as RAD 51. I was so glad to join this programme that I could have an insight on how university laboratory work is and how advanced the technologies are. We were taught how to use the centrifugal spinner (help harvest the precipitate as they will sink to the bottom), PCR (help detect the concentration of DNA in the solution) etc.



A part from the daily laboratory work, there was a regular lab meeting at the conference room every Wednesday morning where all the lab members gather at the room to have breakfast before the meeting. At the meeting, the post-doc fellows reviewed others' paper on their related studies or research or introduced his/her own research paper to the others while the other members gave comments to the writers, like asking their opinions on a statistic or providing suggestions for their new research direction by reviewing others' paper. Professor Sung was mostly the critical reviewer who asked lots of questions. He became extremely serious when the speaker was introducing his/her paper, probably because he had a high expectation of his colleagues. I really loved joining the meeting even if I knew nothing about the content. The atmosphere in the room was tense, but this showed that they really valued the meeting and they were paying attention to their colleagues' introduction. This can show their team spirit and I especially liked this as the feeling of everyone collaborating with one another to achieve the same goal was fascinating.

▲We are making protein gel for identifying the kind of protein existing in the solution.



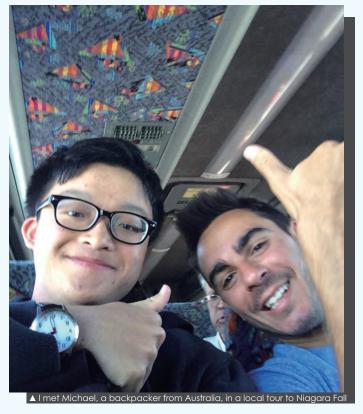
However, don't think that they were always serious. The Sung Lab is actually a warm family. During the breaks between experiments, they immediately turned into a bunch talkative friends. Most of them hadn't been to Hong Kong and they were curious to know about everything in HK, such as the politics, the economy and the environment. We would gather at the breaking room to chat leisurely and they always talked about some feature dishes or the history of different countries. From their conversation, I could see that they were not only experts in scientific research, but also knowledgeable in other fields. They always shared their interesting experiences with us. During my internship, I had my birthday in between. And the lab members gave me a surprise with a little celebration party for me. I was so touched as I was just a passer-by in the lab but they still welcomed me with delights and suprises. I miss them so much and I'd love to go back and visit them in the future.





▲ A little birthday celebration party was held by lab members for r

only could you enjoy your work in the laboratories, you could meet lots of medical students and became friends with them as there were student internship in the laboratory too. I met a Filippino student named Chris working in the laboratory, who was very nice to me. At first, I was reluctant to meet new people as it was awkward, but in fact it was a common practice for people to chat with strangers in the streets. To experience the culture, I learnt to chat with strangers freely, which helped me meet a lot of new friends throughout my journey. Chris was very outgoing and knew a lot about everything. It surprised me as he was just 21, but he knew a lot more about the world. So I am determined to read more to enrich my knowledge and understanding towards the world during my university studies.

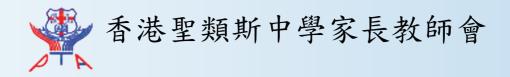






Don't forget that you can enjoy your weekend by hanging around in other cities. We once joined a local tour to Niagara Falls which was stunning and picturesque. In the journey, I met a backpacker from Australia. He was having his backpack trip in United States for three months, followed by another 3 months in the United Kingdom. He shared a lot of travelling stories with me. He told me that it was so exciting to meet the other backpackers again in another country. From a casual encounter with him, I could see that he really became much more mature than a 23-year-old man should be. Travelling not only let him experience the culture in different countries, but also let him grow up as he had to take care of every accidents.

If you ask if I enjoyed my stay in Yale, my answer would definitely be a yes. You have the chance to experience a new culture and meet new friends. I gained a lot of insights from my US trip. I cherished every moment in the US. Go around and do some sightseeing and you may be inspired by the beauty of nature, the style of the architecture. Try to talk with others and listen to their life stories. I got inspired a lot from this trip and I hope everyone will apply for an internship and make your own stylish journey.



## 第二十二屆執行委員會(2014/2015年度)委員名單

顧問	永遠榮譽會長 校監 林仲偉神父
會長	陳玉英女士
副會長	校長 葉偉明博士
副會長	林寶琴女士
司庫	陳詠詩女士
秘書	陳鳳明女士
總務	鄭志成先生
幹事	劉嘉明女士、莊傑夫先生
教師委員	勞志榮副校長、方信文副校長 容逸沛老師、陳瑞良老師



29.03.2014	舉辦「家長互助小組」第二次聚會,主題為「親子家庭關係及父母如何一致地管
	教子女」,並邀請舊家長區麗薇女士分享她的教兒經歷。由於當日天氣欠佳,影
	響了出席人數,共11位家長出席。
30.03.2014	舉辦 2014 年度「環境教育親子遊」,參觀沙頭角景點、錦田二帝書院和錦田鄉
	村俱樂部燒烤,參加者共118人(包括執委、嘉賓、家長和同學)。本活動由家校
	合作撥款津貼 HK\$5,000.00。
02.05.2014	第二十一屆(2013/2014 年度)執行委員會第四次會議,出席委員 14 人,列席嘉賓
	及家長4人。
03.05.2014	舉辦「通識教育研討會」,是次活動有 54 位家長出席。講座內容包括:家長講
	解如何在日常生活中與兒子互動時植入通識資訊、通識科老師課堂示範、講解考
	試題目、評分準則及舊生分享應考經驗等。
03.05.2014	協辦「親子網球比賽」,是次活動共有16人報名參加,共分兩組別於5月3日
10.05.2014	及10日進行初賽,17日舉行決賽。是次活動主要為推廣學校網球活動,而本會
17.05.2014	除提供家長義工協助外,亦贊助是次比賽獎盃及獎牌,共設兩個獎盃及四個獎牌。
17.05.2014	舉辦「家長互助小組」第三次聚會,主題為「青少年的情緒與壓力」,並邀請本
	校中六郭俊軒同學作分享,從中一至中六因為學業和成績,所引發的情緒問題及
	如何舒緩相關壓力。是次活動共16位家長出席。
20.06.2014	第二十一屆(2013/2014年度)執行委員會第五次會議,出席委員 10人,列席嘉賓
	及家長5人。
05.07.2014	協辦學校舉辦的「中五升學模擬面試」,本會提供家長義工及家長導師協助。
10.07.2014	學校「中一新生註冊日」,本會派出六位執委及家長義工協助及講解「中一暑期
	英語銜接課程」資訊。
11.07.2014	本會資助學生出版本學年第二期學生報『博藝』。
04.08.2014	協辦「中一暑期英語銜接課程」,活動為期10天學術課程及1天日營。活動由
~	舊生會資助全部費用,所有中一新生必須出席。導師方面,每班(共四班)均會安
15.08.2014	排一位老師、一位畢業生及兩位中四升中五同學負責;而畢業生及學生導師有一 定要求,並需接受面試挑選。
16.08.2014	協辦「中一暑期英語銜接課程」結業禮,是次活動合共有105位家長及所有中一
	新生出席。活動內容包括校長葉偉明博士、舊生會會長羅達智先生、本會會長陳
	玉英女士、家長義工、註校社工及部份學生分享如何適應中學生活,更頒發結業
	證書及表現優異證書予中一同學。
26.08.2014	第二十一屆(2013/2014 年度)執行委員會第六次會議,出席委員 13 人,列席嘉賓
	及家長6人。

會長 陳玉英 瑾啟

日期: 2014年9月27日

23.10.2013	第二十一屆(2013/2014年度)執行委員會第一次會議,出席委員14人,列席嘉賓
	及家長9人。
26.10.2013	與校方合辦的「中一、中二家長資訊日」,為促進家長、老師和校方之間的了解
	和合作。共75位中一家長和54位中二家長出席參加。
09.11.2013	與校方合辦的「中三家長資訊日」,為促進家長、老師和校方之間的了解和合作。
	共106位中三家長出席參加。
23.11.2013	協助校方主辦的「中一簡介會」,設立攤位遊戲與有興趣入讀本校的同學及家長
	分享交流,共28位家長執委及家長義工出席參與。
13.12.2013	第二十一屆(2013/2014年度)執行委員會第二次會議,出席委員13人,列席嘉賓
	及家長7人。
19.12.2013	舉辦「2013 聖誕聯歡晚會」,合共118 人參加(包括委員、嘉賓、家長及同學)。
	本會於是次活動支助 HK\$2,991.10。
11.01.2014	舉辦「做個兒子心中至 Like 的家長」家長教育講座,邀請杜蘊瑜醫生主講,主
	題是關於家長如何處理青少年成長及反叛問題;是次講座共74位家長出席。
15.02.2014	與「聖類斯舊生會」、「聖類斯舊家長會」、「天主教家長會」和「聖類斯中學
	小學部家長教師會」合辦「2014 五會新春團拜」,共延開 10 席,並有寫揮春遊
	戲、五會自我介紹、表演節目等環節。
21.02.2014	第二十一屆(2013/2014年度)執行委員會第三次會議,出席委員11人,列席嘉賓
	及家長3人。
22.02.2014	舉辦「正面管教家長工作坊」家長教育(第一次活動),本活動與家福會合作,以
	工作坊型式共分四次舉行,主要服務對象是中一及中二家長,參加人數超過預期
	的 30 人。活動根據生活上親子衝突為事例,以小組討論及角色扮演等,令各參
	與者學懂親子間溝通的竅門。
22.02.2014	舉辦「家長互助小組」,讓家長間互相交流,分享育兒心得,一同分析常遇到的
	親子問題,以期達致助人自助、互補不足及互相幫忙的精神。第一次聚會共27
	位家長出席。
28.02.2014	本會資助學生出版本學年第一期學生報『博藝』。
01.03.2014	舉辦「正面管教家長工作坊」家長教育(第二次活動)。
07.03.2014	參與學校「感恩節晚會」話劇演出,劇目『禮物』由呂耀燊老師編、導、演集於
	一身,參與的台前幕後工作人員包括老師、家長、舊生及同學共超過20人。話
	劇以民初為背景,增加了化妝、道具及服裝安排的難度,但各參與者全力投入,
	得以演出成功,並得到各方讚賞。
08.03.2014	舉辦「正面管教家長工作坊」家長教育(第三次活動)。
15.03.2014	舉辦「正面管教家長工作坊」家長教育(第四次活動)。



香港聖類斯中學家長教師會

第二十一屆執行委員會(2013/2014)會務匯報

各位會員:

「香港聖類斯中學家長教師會」第二十一屆執行委員會之任期即將屆滿,本人謹代表家長 教師會衷心感謝校監林仲偉神父及校長葉偉明博士的信任和指導、各位顧問老師的積極協助和 推動、各位家長執委和會員的支持和參與。

在過去一年,本會成功舉辦多項學術和文化康樂活動,包括「分級家長資訊日」、「中一 簡介會」、「2013 聖誕聯歡晚會」、「家長教育講座」、「2014 五會新春團拜」、「家長互 助小組」、「感恩節晚會話劇演出」、「2014 環境教育親子遊」、「通識教育研討會」、「親 子網球比賽」、「中五升學模擬面試」和「中一暑期英語銜接課程」等項目。參加人數非常踴 躍,成績令人鼓舞,達到親子和睦,家校合作的精神。

在資源運用方面,本會執行委員會均謹慎理財,歷年來向政府申請資助,均獲批准。本會 除了資助學生報『博藝』出版外,亦有撥款資助學生參與課外活動的交通費及膳食開支,為培 育同學方面盡一點綿力。

與學校其他關連組織合作方面,本會於「中一簡介會」、「大學站自修室服務計劃」、「2014 五會新春團拜」、「感恩節晚會話劇演出」、「中五升學模擬面試」、「中五公開說話技巧班」 和「中一暑期英語銜接課程」等項目上,均分別與「聖類斯舊生會」、「聖類斯舊家長會」、 「天主教家長會」和「聖類斯中學小學部家長教師會」合作;而本會亦有參與「慈幼會屬校家 教會聯會」,並舉辦及參與「慈家聯」的聯校境外活動。

在聯繫家長方面,除創立「家長互助小組」,定期與家長會面並互相交流教兒心得外;本 會聯絡小組亦積極招攬義工,期間共招募了57位家長義工,成立「家長義工團隊」;於本會 舉辦的各項活動上協助,令活動得以順利推行;家長義工並於去年開始為學校圖書館擔任「圖 書管理員」一職,於學校午膳及放學時段為同學服務。

最後,本人再次代表家長教師會感謝學校及全體老師、各家長執行委員、家長義工們和家 長會員們對本會的支持,希望大家繼續努力、分工合作、熱心參與日常會務工作,加強學校與 家長的溝通和聯繫。現將本屆(第二十一屆)會務簡介如下:

28.09.2013	召開香港聖類斯中學家長教師會第二十屆(2012/2013年度)全體會員周年大會,
	出席會員共 66 人。首先由校監林仲偉神父致歡迎辭,校長葉偉明博士致開會辭,
	會長蔡敬和先生作第二十屆(2012/2013年度)會務匯報,司庫羅崇禎先生作財務
	報告。並選出新一屆七位執行委員會家長委員,包括會長陳玉英女士、副會長林
	寶琴女士、秘書陳鳳明女士、司庫陳詠詩女士、總務莊傑夫先生和兩位幹事劉嘉
	明女士及文麗嫦女士。
12.10.2013	與校方合辦的「中四、中五家長資訊日」,為促進家長、老師和校方之間的了解
	和合作。共35位中四家長和38位中五家長出席參加。

C18

# 良好習慣 事半功倍

任教中國語文, 鍾老師不免對自己的學 生有所期望:「我曾經聽過兩位校長不約而 同地提到, 要讀好書關鍵在初中階段, 我十 分認同這觀點」。他認為, 初中階段一方面 要養成良好的學習習慣(包括:專心上課、帶 齊書本、寫好筆記和準時交功課等), 另一方 面要建立良好的閱讀習慣, 多閱讀不同類型 的課外書籍。他又指出, 現時校方為同學提 供的指定閱讀書目是一個很好的切入點, 幫 助同學養成閱讀習慣, 希望同學好好利用, 享受閱讀的樂趣。他說:「有了初中的基礎 ,應付公開試自然事半功倍了。」

被問到我們學生的寫作水平如何, 鍾老師說:「同學們的寫作水平不錯, 文句大致通順, 只是錯別字稍多。當然, 内容方面可以再深刻一點。」他補充, 内容及感受空泛是現今學生作文的通病,這跟學生缺乏閱讀、生活圈子狹窄有關。他希望學生能多閱讀、多觀察、多參與不同類型的活動, 擴闊自己的見識。

# 學生自主 上課合作

 鍾老師在校内擔任扶輪社的顧問老師, 雖然只有僅僅幾個月時間,卻留意到聖類斯 的學生非常自主,有很多事情都能夠自己處 理,毋須他費心。被問到會怎樣處理表頑皮 的同學時,鍾老師笑著回應:「到現時為止 ,聖類斯的學生上課時都很非常合作。萬一 真的有同學上課表現不合作時,我會待同學 冷靜後,心平氣和地跟同學說說理。」



■鍾老師近年愛 上園藝,他說當 中能領悟到很多 人生道理。圖為 鍾老師「自種自 拍」的小花。C17  鍾老師於今年加入聖類斯的大家庭,任 教初中中文及中史科。在未當教師之前,鍾 老師曾在《明報》港間版擔任記者和編輯達 兩年。他說:「這是一個很難得的經驗,除 了讓我學會新聞採訪和編輯的技巧外,更重 要是接觸到不同階層的人士,擴闊眼界。」 不過,由於新聞工作耗盡體力,而且長時間 日夜顛倒,減少了與家人、朋友相處的時間 ,因此在完成了立法會選舉的採訪工作後, 鍾老師便毅然到新西蘭展開為期一年的工作 假期計劃,他笑說:「我在郵局、農場、釀 酒廠、酒樓都工作過……最意想不到的是還 賺到萬多元回港呢!」

# 無心插柳 轉任教師

為什麼會轉行當教師呢?鍾老師說:「 其實我並沒有刻意計劃做教師的。回港後, 我什麼工作都願意去試。有一天在報章看到 招聘教師的廣告,便記起自己在大學當助教 及在 SPACE 教授短期課程的經驗,想到與人 分享所學其實是很快樂、很有意義的事情, 於是便寄信應徵,沒想到這樣便入了行,一 教便是九年了。」

鍾老師這種沒有刻意計劃、順其自然的 性格,早在求學階段已經形成。鍾老師在香 港中文大學主修的是哲學,副修中國語言及 文學。「選科時,我所有的老師都不明白我 入學。「選科時,我所有的老師都不明白我 為什麼選讀哲學…但我預科時深深被中國文 化及哲學的思想所吸引,我十分清楚哲學才 是我的興趣所在。」回想起來,鍾老師沒有 後悔當時的決定,他入學第一年便奪得了一 筆豐厚的獎學金,之後順利入讀研究院,完 成哲學碩士(Master of Philosophy)後才踏足 社會工作。鍾老師寄語同學在選科時選擇自 己喜歡的科目,不要盲目追隨社會潮流:「 只有做自己喜歡的事才能做出成績,當有一 定成績,出路的問題自然迎刃而解。」 C16

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▼鍾老師熱愛攝影,他說:「攝影是訓練我們如何觀察世界,從中你會發現 日常生活的人和物都充滿着美感,這是我學習攝影最大的得着。」他舉例說 陸運會1500米比賽時,下着令人掃興的大雨,但細心觀察的話便會發現當 中獨特的美。

# 由採訪到教學

#### 興趣廣 爱写作

在張老師眼中,聖類斯中學的學生都很聰明 ,可搗蛋搞笑的「小聰明」居多,他鼓勵同學多 讀書、豐富人生閱歷,方可得「大智慧」。張老 師說儘管大多學生都比較乖巧,但當遇上同學頑 皮時,他卻有自有一套方法。「跟他講道理啊, 等他知道自己犯錯。或者叫他們作文反思。作文 不是罰學生,反是對同學有益,我寧願他們把鬼



主意用在作文中。」因為文字上的頑皮其實就是創意,而創造力對文學創作至阈重 要。

當問及張老師小時候的志願,他稱小時曾夢想成為水手,像舊電影中的主角一 樣倚著桅杆環遊世界,晚間則躺在甲板上看天上繁星。但在現實世界中,他選擇成 為教師,認為那是最適合他的工作。除了教書之外,張老師還有不少興趣,但他強 調興趣不等如專長。他喜歡旅遊、登高、攝影、聆樂、下棋、打球等。可是眾多興 趣之中,最喜愛的依然是閱讀,且涉獵範圍不限於文學,凡世間的知識他都欲知一 二。他笑指自己貪多務得,但他情願落個博而不精也不甘為井底蛙,因為見識愈博 ,愈能從生活中尋出趣味。

张老師熱愛寫作,但他坦言自愧不如眾多列隊書架上的作家,自嘲是「眼高手低」。年輕時,张老師曾嘗試創作不同文體。有一段時期他鑽研古典詩,但後来又 發覺寫古典詩雖然是很好的訓練,但體制卻難脫前人窠臼、創新突破的空白地方不 多,便又把筆鋒伸向新詩。「都是為了興趣、為了好玩,没想過要出名、要贏比賽

#### 初閱讀 寻共鸣

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當該及我校同學的中文能力時,張老師感嘆現今學生的中文水平一代不如一代。原因是中文水平或寫作能力都建基於閱讀,要提升中文水平的年輕人「機不釋手」,他們情願獻身刺激官能的電玩遊戲。電玩打多了,便很難有耐性靜靜坐下看書,漸漸閱讀對他們来說变得痛苦。「連課本裡要考試的我篇短文都不願讀好,怎套求他們



看課外書?」張老師説自己小時候,家中没有玩具也没電腦,空閒時,看書就是他 的娱樂。「小時母親不許我看武侠小説,怕我學壞,於是我就較鬧鐘早晨四點起来 ,躲在被窩中讀他兩個小時才去上學」。

那麼如何培養閱讀興趣和習慣呢?張老師說,同學可以找一些有益而自己感興趣的書来讀。他特别提醒初嚐閱讀滋味的同學,如一開始便急不及待閾進古典文章 或翻譯名著的森林中,很容易會迷失。因為陌生的故事背景、文字隔膜,都會消磨 閱讀趣味,今你以為文學都是這樣沈悶、不切身的。「中學時代我慾有介事他買了 一套托爾斯泰的《戰爭與和平》,讀了幾頁後,便束之高閣至今。」他建議同學可 先找當代香港作家的書来看,因為他們筆下的人、事、時代感都較容易引起我們的 共嗎。「從作家的角度看我們本以為熟悉的事物,更易激起我們想像之泉的漣漪。

#### 打根基 宏胸襟

中文科被認為是文憑試中的死亡之卷,任教中文科的張老師認為「求學不是求 分數」。我們應把目光放遠,有更高追求。他認為學習中文除了訓練語文技巧外, 也應了解中國文化,培養欣賞文學作品的能力,藉以陶冶性情、恢宏胸襟。當同學 開始對文學文化感興趣,又手執正確的學習技巧,持之以恆,考試分數自然不會低 ,故不必刻意追求。他又認為初中同學無需過急躍身於公開試的壓力漩渦中,而是 應該很自由的培養各方面興趣,廣泛閱讀、打好文字根底、培養品味,不必只阅注 考試分數、成績排名。學習應是快樂的。

為有源頭 活水来

张家豪老師

五丙 蘇一耀

张家豪老師於二零一二至一三年度曾是我校 一員,後來離職到其他學校教書。在缘份安排下 ,今年他又重回我們之中,任教中文及普通話科 。張老師也是升學及就業小組和學生輔導小組的 員責老師。 同心協力完成工作。他說自己最初是團隊中的隊員,在上司的帶領下不 斷學習;現在身為隊長,將所學付諸實踐,身體力行帶領團隊完成任務 。每個隊員都有不同性格,有些人不愛服從,他認為責備不是解決問題 的方法,他認為需要尋找不同的方法促進雙方關係,方可愉快地完成工 作。

至於最滿意的工程項目,他表示由於現時社會資源不足,善用資源 很重要,所以只要能以最短時間、最少資源去完成任務,他便感到稱心 滿意。此外,完成一些以往未嘗試過的項目亦會令他有莫大滿足。在眾 多酒店項目之中,他跟我們分享其中一個有代表性的項目——位於北京

的中國國際貿易中心三期A, 它是當地最高的大廈, 樓高三百三十米, 共八十層, 首四層為豪華的零售及購物中心, 第五 至六十三層為眾多跨國企業的辦事處, 第六十四至八十層為一所五星級酒店, 附設一個可以將這個都市盡收眼底的泳 池。他說能夠參與興建這項酒店工程使 他感到榮幸。由此可見, 胡師兄真是敬 業樂業呢!



位於北京的中國國際貿易中心 三期A是胡師兄其中一項代表作

# 成功秘訣 多學多講

談到師兄的成功秘訣,他謙虚地表示所言皆屬老生常談。他提出: 第一,要不斷學習,不怕吃虧。他認為大學所習,雖然能提升思考能力, 在專業範疇迅速作出反應。然而要鞏固所學,還需要不斷實踐更新。 第二,要了解和學習別人的長處,改善或補救個人不足。第三,要有良 好的語文基礎和溝通能力。他說每一個工程項目都不可能單打獨鬥,需 要緊密的團隊合作,所以良好的語文能力及溝通能力有助事半功倍。他 強調寫出來的文件要令別人容易理解,說話語速不宜過快,務求說得清 楚利落。

# 未來目標 培訓分享

師兄計劃退休,所以他目前主力培訓工作,訓練接班人。去年,他 開始與香港工程師學會的同學合作舉辦工作坊和培訓班,為栽培新一代 年輕工程師出力。他還透露,他計劃與聖類斯同屆畢業同學一起為學弟 舉行講座,介紹工程師的工作內容,入職條件和出路等。他憶述自己讀 書時沒有這些講座,故此更希望能貢獻母校,使學弟得益。

# 工程之路 近週曲折

胡師兄預科畢業後, 升讀香港理工學院機械工程學系。他憶述當年 只有香港大學、香港中文大學及香港理工學院供學生報讀, 能躋身其中 , 難度甚高。他說自己在中學時沒有想過將來讀甚麼, 只依據自己在公 開考試獲得的成績選擇。他指出當年即使在大學讀工程, 日後也未必能 成為工程師, 因為該系所有學生在完成三年專業課程後還需要接受專業 考試, 通過考試的學生才可正式獲頒工程師的資格。他還記得他當年需 要考六份試卷, 真可謂「過五關, 斬六將」!

# 初出茅蘆 不斷嘗試

胡師兄在1981年通過考試, 成為 工程師。隨即先後加盟不同公司工作 , 約五年後加入香格里拉集團, 工作 至今。他先後在香格里拉集團的不同 部門工作, 例如: 銷售和市場營銷、



胡師兄就讀大學時回母校留影

設計諮詢、物業管理等。他認為接觸不同範疇的工作能認請個人的專長 和喜好。「如果你喜歡與人溝通,日後可加入銷售和市場營銷部門;如 果你喜歡實踐,日後可參與工程實地工作;如果你喜歡創作,日後可加 入設計部門。」勇於接受不同挑戰,能打好基礎,有助日後發展。

### 轉戰酒店 穿梭内地

約二十年前,香格里拉集團大力發展酒店業務,胡師兄由原先的物 業管理部門調職至酒店部門,他說他當時抱着「多嘗試,多學習」的心 態在新部門工作。大約十年前,他晉升為中國區工程總監,現在仍繼續 擔任此職位。

他的工作集中於國內項目,辦公室亦設於上海,大部分時間都留在 內地,長時間需要穿梭往來,每周平均乘坐飛機六至八次,他笑說自己 「搭飛機多過別人搭車」呢!

被問及工程總監這份工作是否極具挑戰,他認為每一份工作都有沉 問的地方,也有趣味之處。擔任工程總監最大挑戰在於團隊合作。他以 讀大學時的經歷為例:「我喜歡寫報告,不太喜歡閱讀資料和計算,我 的拍檔性格剛好和我相反,所以每當合作時,他負責找資料和計算,然 後把整理好的數據交給我,由我負責撰寫報告,結果如魚得水,二人各 展所長。」胡師兄強調要熟知各隊員的長處,讓他們發揮、融合,才能

# 校園社區 變化萬千

胡師兄在1978年預科畢業,聖類斯中學校園設施、社區環境在這數 十年間不經不覺變化萬千。胡師兄憶述當年的飯堂設於現在的綜合實驗 室,食物的價錢不算昂貴,師兄在小息或午飯時間經常光顧。玩樂設施 方面,當年在聖安多尼堂下面有一個大沙池,供同學玩樂,可惜十多年 前已被拆卸。那時候,一個標準課室可容納五十人同時上課,課室裏的 書桌並排而立,只剩下一條狹小的走道。社區環境也轉變不少,以前佇 立足球場,不會看見高聳轟立的住宅,學校附近也只有一所鼎鼎有名的

太平戲院, 它位於現時的華明中心, 胡師兄在課餘或空閒時都會到此欣賞 電影, 回想起來, 一切仍歷歷在目。

# 設施雖變 情懷未變

在聖類斯中學任教的師長有一個 共同點,就是愛與同學打成一片。胡 師兄憶述,當時的神長在小息或放學



胡師兄與中學同學合照

時經常與同學一起踢足球或打籃球,校長也時常一展拳腳,師生關係融 洽。當校長看到同學在課室外罰站,也不會破口大罵,反而會先了解情 況。今日故地重遊,發現老師在課餘時仍和同學一起踢足球、每年仍然 舉辦師生球賽,這種亦師亦友的關係可說是母校獨特之處。

# 自由自律 常存心内

胡師兄在聖類斯中學求學時 , 校服的規則並不嚴謹, 同學可 自由穿上任何款式的長褲, 但鮮 見穿著標奇立異長褲的同學; 老師 從不刻意強迫同學溫習, 但每當考試 說近, 校園各處屢見學生手執書本, 朗 誦讀。人人皆崇尚自由, 不喜歡受人 約束, 然而沒有自律, 那「自由」便會 <sup>胡師</sup> 變成放縱了。因此自由與自律, 兩者缺一不可。



胡師兄與《博藝》編輯合照



今期《博藝》我們有幸邀請香格里拉酒店集團 中國區工程總監胡少林先生作舊生專訪。胡師兄由 中一開始就讀我校,1976年中五畢業,隨即原校升 讀中六,1978年預科畢業,同時以高考成績順利考 入香港理工學院(現正名為香港理工大學)修讀機 械工程。 嘉

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聖記人語

校長.

鍾怡祥老師, 聖類斯中學政改關注組

# 方副校長

方副校長,

# 鍾怡祥老師

9月28日當晚,我到過現場。我在那拍了很 多照片,也留意到很多事情。警方原先有一些很 和平而又有效的驅散人群方法,例如最初警方先 排好人牆陣式,再以盾牌前進,便可以藉此驅散 人群。實在沒有必要以催淚彈這樣的不和平方法 來驅散人群。不過事到如今,佔領環行動是否應 該繼續,就有一定的爭議。長期佔領道路,不一 定有成效,反而惹來市民的反感。

葉校長

一間學校有上千成員在這裏生活,我們 要尊重每一個人的意見,不可能漠視其他的立場和觀點。學校是一個群體,不能獨  $\overline{M}$ 事,學校擁有自己的使命,但同時必須包 行 每個成員的立場,必須接納不同的個人。例如最初學界罷課,無論有多少學生 容 點。例如最初學界罷課,無論有多少學生 與,校方也願意撥出兩個課室供學生表達 己的看法,我們不願意看見學生在操場上 曬雨淋;同樣,我也希望同學能尊重其他 學習如何成熟地處理事情 對於 的見解 聖 , 0 類斯政改關注組的成立, 校方對此無特別 。本校崇尚 「自由與自律」 ,絶對不會阻 止任何正規的活動。對於一些傳媒的誤會 及 不公平批判,只能感到無奈

# 聖類斯中學政改關注組

「罷課運動」是沒有辦法中的辦法。我 們很開心能得到本校很多學生的支持,甚至 一些中一學生都鼓勵我們。「雨傘運動」期 間,我們最生氣的是政府為何要把警方這樣 一把警惡鋤奸的刀,變成一把濫用武力的刀 壓制示威者。然而每個人的價值觀不同,我 們會尊重他們,我們也不會強迫得到他人的 支持,我們爭取的是真普選、真民主,為下 一代著想。





估中的第一個星期,灣仔區和中西區的中小學停課,間接令到本校的社際水運會逼不得已取消。五社社長固之失望,但他們異口同聲說道,比起一年一度的水運會,香港的民主未來顯然更加重要。白社社長蔡顯猷不但不反對其社員參加佔中而放棄水運會,更會為這些社員驕傲,他說:「罷課的社員為了香港踏出一步,就算白社失去了多少分,都不及香港失去前景更重要!」

停課的日子裏,我們不難在社交網絡平台上看見處身於金鐘的聖類斯學 生,有的站在最前線堅守最後防線;有的為示威民衆帶來物資;有的即使身 不到,心也到,在身上繫上黃絲帶,為在場人士送上祝福及支持。

2014年10月6日,復課的第一天校方便為全校各級加插了一課「臨時博 雅教育堂」,特別為「雨傘運動」而設。由黎比傑老師主持,主要介紹及分 析佔中事件的始末、原因;更有曾擔任記者,於9月28日當晚親臨示威現場的 鍾怡祥老師描述當時現場意想不到的情況,他認為警方沒有必要以催淚彈驅 散人群,絕對有更和平的方式。而且,他也覺得校方的確給了很大的空間報 道該新聞。

慢慢地「佔領中環行動」也演變成「雨傘運動」,蔓延到金鐘、銅鑼灣
、旺角等地。這次行動的象徵也由細小的「黃絲帶」變成能遮擋風雨的「黃
雨傘」。

可幸,黃絲帶和黃雨傘的黃色光芒都可以在聖類斯中學自由地綻放!



2014年8月31日,中國全國人民代表大會常務委員會頒布2017普選 香港特別行政區行政長官,新架構的提名委員會由舊制度選舉委員會 1200人構成,並把提名門檻提高,這使香港泛民主派極為失望。香港學 界亦對此極保守和違反民主自由的方案感非常不滿,故此醞釀進行「罷 課」反對政令。

2014年9月12日,本校的兩位中六學生-林煒峰及歐陽兆鋒同學於 本校門外派發500張關注政改及罷課傳單,並給予同學象徵著公民抗命精 神的「黃絲帶」。林煒峰同學更在蘋果動新聞的訪問中大膽批評政改方 案「無稽」。同時,校長葉偉明博士在訪問中表示:「學生開始有自身 想法,學校必須包容,而學生派傳單是他們自發行為,故校方亦尊重他 們意願。」

2014年9月13日,聖類斯中學政改關注組正式成立,林煒峰,歐陽 兆鋒為此組織的代表,希望令本校學生更加認識及關注這項政改方案。 翌日,二人於本校壁報板簡述此方案的内容,希望同學多加關注。

2014年9月19日,聖類斯中學政改關注組邀請了舊生李尚文回校主持有關方案的講座,題目為 Democracy:A Radical Review (民主的基進反思),談論何謂真正的民主自由及分析方案的重點,令同學更加清晰了解。

2014年9月22日至27日,學民思潮及學生聯會發起了在香港史無前 例的學界大罷課,稱為「922罷課」。目的是要求人大撤回方案,爭取真 普選。

2014年9月28日,全稱「讓愛與和平佔領中環」的公民抗命提早實行,更有大量市民到場支持,當中包括本校老師及學生。而當晚,警方利用催淚彈的清場行動引起其他市民的不滿,令民憤直線上升,示威人數史無前例。



就轉換新的小賣部營辦商一事,我們有幸邀請葉校長接受我們的訪問。葉校長向 大家介紹校內新組成的膳食委員會的功能和職責。

原來新的供應商是需要使用投標制度以公平的形式選出,而學校選擇供應商是以 食物種類、服務質素等方面來評選。另外亦需考慮到新的供應商可以供應午膳給學校 的師生享用,特別是一些低年班的同學,因為有家長不放心讓子女獨自外出用膳。若 遇上緊急情況,例如紅色或黑色暴雨警告,在學生不能離校的情況下也確保學生不會 挨餓。此外,新的供應商在投標時列明 會推出較多元化的食物選擇,例如:糖水 、雞蛋仔、碗仔翅等等。

本學年,葉校長提議成立膳食 詢不同持分者的意見,確保學校食 中、小學部的師生 會也會於民主牆上收 賣部的日常運作,確保

# 監察和管理

委員會。膳食委員會的職責就是透過徵 物供應商的服務品質,因此成員除了 以外,亦有家長。委員 集意見,亦會負責監察小 食物和服務質素。

那麼,膳食委員會又是如 食委員會表示他們起初收集得 素,所以膳食委員會連同校 上至飲品販賣機「食錢」事件,下至小賣部桌椅的清潔事宜,全都在會議中商討 對策解決。展望未來,膳食委員會仍會督促小賣部改善服務質素,同時也會提供更多 的渠道收集意見。例如,學校計畫在小賣部旁邊空位,加設意見箱來收集同學意見。 事會上,膳食委員會在監察方面發揮舉足輕重的作用。

對於學生對員工態度不滿意,膳食委員會持有不同的觀點。膳食委員會成員陳玉 英女士指出,員工態度的惡劣,有可能是因為同學的態度不佳在先而引起的,所以她 希望同學可以反思,投訴別人的態度前應先檢討自己的態度,達到互相尊重,以此為 鑑。

希望在新一年,大家能踴躍向小賣部提出意見,各位亦能享用東優質的食物和服務。共勉之。



為了解不同持份者的意見,我們特意邀請美利飲食服務有限公司的營運經理王小姐做訪問。王小姐先簡單介紹美利公司的服務範疇,其中包括學童營養午膳服務和學校食物部管理等。王小姐亦提及美利公司有別於一般的大型連鎖公司。如:太古、維他,這些公司大多只會提供自己品牌的食品;相反美利公司則會提供多元化的食物, 今同學有更多不同的選擇。

此外,小賣部亦會提供不同種類的健康食品給學生選擇,例如:各類麵包、低 糖飲品以及經營養師設計的午膳飯盒等。當被問到有學生反映飯盒分量不足時,王小 姐指出小賣部的飯盒份量是按照衛生處、教育局和營養師的指引,足以讓正常人感到 飽肚;可能每個人的體質不一,食量要求不同,又或是當日學生消耗大量體力所致。

不過在校方和膳食委員會向小賣部反映問題後,小賣部會在一月份轉用新的模式 去售賣飯盒,採取現場分飯的措施。除了可以保持食物新鮮外,同學可以在買飯期問 ,以自己當日的食慾,要求加飯或少飯,避免有食不飽或浪費的情況發生,可謂一石 二鳥。當被問到新的賣飯盒模式會否對人手增加壓力,導致學期初小賣部出現手忙腳 亂的情形。王小姐坦言承認對人手安排有影響。只能盡量調配,加上聘請人手方面遇 到難題,即使時薪高達五十元,問題仍未能解決,這亦是他們在經營上遇到的挑戰之 一。

至於被問及會否加強員工訓練,提升員工的工作效率,王小姐表示公司在新員工 入職前會有一個簡介會,講解他們的工作。另外,在公眾假期期間,會不定期地提供 員工培訓,公司亦會有工作指引要求員工遵守,確保員工能夠勝任。此外,她亦補充 在臨近的農曆新年會有一次員工培訓,而她也會定期與旗下不同的學 校小賣部負責人開會,了解 每個負責人在校內面對的難題

被問到小賣部如何 物。王小姐回應他們會 優惠和減價,透過這些 會有同學誤以為是食物價 會繼續出售,學生大可放心



處理將過期和已過期的食 在食物將近過期時,推出 方法減少浪費食物,所以 錢浮動。過期的食物絕不

王小姐希望大家明白他們的難處,他們要面對中學部和小學部的家長、學生以 及校方的不同意見,因此,公司需要作出平衡,以滿足各方需要。

送舊迎新一全新小賣部 五丙 蘇宏昌

五丁 林衍酸 吳卓峰

本學年小賣部由新的承辦商接手。改變總是少不免,本文嘗試探討不同持 分者對小賣部的意見。



受訪同學表示,小賣部增添了不少食物種類,例如新增了數款新口味的漢堡包, 包括芝士漢堡、魚柳漢堡;小賣部亦售賣飯盒,不但增加同學午餐的選擇,亦為同學 節省時間,可謂一舉兩得。





然而在食物質素方面仍有待改善。有同學反映撈麵味道變異、芒果布丁的味道不能接受等等。

當然,這只是個別的例子,但顯示食物質素仍然有進步的空間。

在服務素質方面,受訪同學普 每當小息時都盡快給予同學需要的 備好餐具和調味料。但員工分配 同學需要等上一段時間才能購買 能生巧,仍需要一段時間適應,

在價格方面,受訪同學認為食

遍認為小賣部的職員工作態度認真, 食物或飲料,事因他們一早已經預 食物的速度不太迅速,令排隊的 食物。不過小賣部員工要做到熟 我們理應體諒。

物的價錢偏高,相比以前,單單是 元的支裝維他檸檬茶現在標售八元。

至於小賣部可不增添人手以改善排隊時間過長的問題。這個雖然也是解決辦法 之一,可是增加員工,亦意味著營運成本上升,小賣部未必能達致收支平衡。畢竟新 的小賣部需要適應期,有不足也是無可厚非的。作為用家的我們應給予他們鼓勵,釋 出善意,若果他們的表現未如理想,我們可以向他們提出需要改善的地方及建議,使 小賣部的服務質素提升。謹記,小賣部是各位同學共同享用的,他們改善服務對我們 百利而無一害。

# 總編輯的話

光影文字能把美好時光留住。今 期《博藝》除了記錄上學期各段難忘 時刻,專訪師兄暢談往事外,還步出 校園,報導社會議題,同學不妨在重 温校園樂事時,也思考自己在社會上 擔當的角色。

《博藝》能夠成功出版,絕對不 只是一個人的功勞,這有賴《博藝》 編輯委員會的成員各司其職,盡力將 《博藝》辦好。最後,我衷心感謝顧 問老師不辭勞苦地審視稿件,力臻完 美,使《博藝》更精彩! — 楊旭傑

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