

ALOYSIANS

Volume 45 No.1



**INTERVIEW WITH
NEW TEACHERS**

Editor-in-Chief's Words — Chan Sze Pui, Anson

The content of a newspaper is always abundant with a production of 365 issues a year. I am in awe of the super-efficient editors and reporters getting a paper published within 24 hours a day. You never know until you try it out. This year, I have a chance to experience it, which I am longing for. However, I am not producing a daily newspaper, I am working on a magazine like Time which comes out only twice a year. Zeal without prudence is frenzy. Work like setting titles, editing and typesetting, requires steadfast circumspection and stamina. Rome wasn't built in a day, but Rome will finally be built when you insist. The work is not easy and comforting, but satisfaction makes it a worthy cause. Hope you enjoy reading it!

By Aloysians Editorial Board, St.Louis School in February, 2014

Address: 179 Third Street, West Point, Hong Kong

Telephone Number: 25460117



Joint Club Exhibition

Lam Tsz Kiu 5E

Joint Club Exhibition (JCE) was successfully held on 27th September, 2013. JCE is a great opportunity to let students develop their interests and hobbies. There are 22 new clubs in total, being grouped under the 3 categories, namely academic, sports, interest and service. Every club did their best to promote their clubs and plan activities by setting up stalls with some funny games. The following words are from the JCE person-in-charge and the club chairmen.



Cheung Ching Yin Ben, The Person-In-Charge of JCE

I am so honored but a bit wary to be the person-in-charge of JCE 2013. JCE is the first activity held by the SAA every year, I have the responsibility to make it as stunning and impressive as it can be! I would like to say thank you to the SAA teacher advisors, Mr. Chong and Mr. Wan, all the SAA committee members, all the clubs chairmen and workers. Without them, we would not have a wonderful and memorable JCE. I have learnt to coordinate and communicate with chairmen, ensuring that they finish the work on time. Some club chairmen did not hand in their game plan before the deadline, which made it difficult for me to arrange the booth's position and offer necessary support. I have learnt the importance of setting a plan and meeting deadlines. Once again, thank you all the club chairmen and their workers, and also the SAA committee members.



Lam Tsz Kiu Sam, The Chairman of Drama Club

Drama, as an art form of body movement, contains different elements of art, such as performance, and props making. A drama production needs great cooperation between different professionalism. However, formal drama performances are not very common in secondary schools. Rarely do students have the chance to perform on stage. The drama club will provide the opportunities for you!

On the day before JCE, our committee members worked till 7pm in order to decorate our board as attractive as we could. I would like to thank my committee members for their hard work!

In the coming academic year, we are going to organize some drama workshops. Hopefully, they can let our students know more about drama. Then, we will participate in the Hong Kong School Drama Festival, which is an inter-school drama competition. Also, we will give a drama performance on the Thanksgiving Night and organise a joint school drama production, named Grand Drama Showcase. We have planned a lot of activities, and we are looking forward to seeing you in the coming events!



Hung Yuen Ho Sunny, The President of Interact Club

We, the Interact Club, are different from other clubs. In JCE, we had 2 games in store, which was a booth game and a mega game "The 4 Interact Powers". However, not all students could have a chance to participate in the large-scale game, and only the selected ones could play. 4 Super Interactors were hidden in different places, and students had to find them out! It was a breakthrough. I guess none of the clubs had done that before. We also gave some short drama performances everywhere. In the future, we are going to organize regular services. Hope to see you guys there!



Lee Koon Lam Ernest, The Chairman of Movie Club

Before the JCE, I was quite worried about our performance. I wondered if we could draw many students to be our club members. During the JCE, we played some movie trailers, and it seemed that many students were interested in them. Some of the students were very familiar with the popular movies, and they could find out which movie it was within seconds. Most of the students love watching movies, because it makes them happy and cross out relaxed. I know that our hard work is worthy and it pushes me to organize a better event in the forthcoming days.



Leung Ka Lok Karl, The Chairman of Chinese Society

Chinese Society is not the most popular club in St. Louis School. On 27th September, we tried hard to change their mindset. To my disappointment, students were not very interested in Chinese and went away from us. Although we could not attract many students, we will try our best to promote Chinese culture in this academic year. Hope you will enjoy our activities.



Freedom and Self-Discipline Are Way Too Good

Liu Yin Fung Louis 5D

Miss Cheung Yik Lam is our new teacher. In the male-dominant mathematics panel, Miss Cheung is the only female Mathematics teacher in our school now. It is therefore a perfect chance for us to interview our “protected species”.

Miss Cheung loves mathematics since she was young. “Most of us must’ve come across difficult mathematical questions. When you finally get the answer after a lot of endeavor, you will ignite a glow of satisfaction,” Miss Cheung explained. A mathematical question can be solved in many ways, thus she thinks that mathematics can train us to tackle a problem from multiple perspectives.

As we know that most of the people who study mathematics are male, do you think that Miss Cheung felt uneasy when she studied in university? Surprisingly, her answer is “no”. She commented that the main purpose of studying in university is to have a grasp of advanced concepts and to widen the horizons. Whether classmates are male or female is not a matter to her at all. She added that the male-to-female ratio in the program she studied in university was a balance share.

When many people said that the adolescents in Y generation are not as competitive as the adolescents in X generation, Miss Cheung stated that students in different eras are not comparable because the society keeps changing all the time. Comparing with the examinations that she took part such as the HKCEE and HKALE, she believes that the HKDSE requires candidates to be more sensitive and adaptable. Having this sort of changes was largely driven by the shifting of the needs in different realms in our society. When Miss Cheung was in her senior form, she always went to library with her classmates to finish different homework and projects. She described it as a treasure hunt since she thought that the countless books in the library were in the hands of no one, it is a no one property. With the booming information in this generation, asking students to find information in library is no longer a challenging task. Instead, the real mission to students now is to sort out the information that is really useful to them on the internet. At this particular juncture, the principle and the format of examination

evolved in the wheel of time. “Actually adolescents in both X and Y generations experience their own difficulties,” Miss Cheung said.

When asked about her feelings to St. Louis School, Miss Cheung said that the school motto, Freedom and Self-Discipline, was the most impressive thing to her. For instance, many schools in Hong Kong request their students to queue up after recess and lunch time. But in St. Louis, students would go back to their classrooms voluntarily when the bell rang. The other example was the performances of students when they were holding their club activities. She thought students in St. Louis were keen on conducting different activities. Most of the students would make good progress without being monitored closely by teachers. “They are enthusiastic and active when holding activities,” Miss Cheung stated. As mentioned, Miss Cheung welcomes the school motto. She thought that freedom was providing the school an ideal learning environment amid having a self-discipline ambience. Students can wear sport shoes in school and therefore they can play sports whenever they want. Generally, Miss Cheung greatly hailed the school motto as it guides students to be self-disciplined and, more importantly, it helps students excel.

When asked about her family, Miss Cheung told us that she has a warm family with parents who always support their precious daughter all the way no matter in learning or working.

Unexpectedly, Miss Cheung loves playing outdoor activities such as hiking and cycling in leisure time. Apart from that, she also loves cooking when she is free.

Finally, Miss Cheung advised our students to try to be more kindhearted. Besides pursuing academic achievements, she encourages students to develop and honor some virtues like trying to be more considerate and showing respect to people as it is not less important than academic results. Last but not least, she reminded students to treasure all the resources given by the school, especially the school motto – Freedom and Self-Discipline.

A Choice Between Journalism and Teaching

Wong Shing Hung Mike 5E

Miss Chiu Man Fei, Alice is one of the new teachers this year who is teaching Liberal Studies and Chinese History. She was a teacher of a co-educational school in New Territories but then she changed school because of the long travelling time every day. Her first impression of St. Louis School students was quite good. When she was studying at the University of Hong Kong, she saw many St. Louis School students behave decently during lunch breaks. And now, what she notices more about St. Louis School students is the presence of brotherhood, which can rarely be found in other schools.

"The students are very united. It is positive to see them cheering loudly and happily in Swimming Gala. But during lessons, jeering is quite knotty for the teachers." Miss Chiu showed a wry smile adorably.

When talking about her nickname of "Promise Girl", Miss Chiu doesn't give a wry smile. She thinks that the Promise girl is young and quite pretty and this nickname carries positive meaning for her.

Miss Chiu is the teacher advisor of Youth Club, Father Deane Award and Chinese Orchestra. Luckily, she said those jobs were not really demanding for her as there were many teachers offering helping hands. And she had discovered some interesting things in being a teacher advisor of Father Deane Award. She said that old boys are willing to help the juniors applying for Father Deane Award. "It is just like a virtuous cycle and tradition!" smirked Miss Chiu.

Everyone takes some hobbies, Miss Chiu is not an exception. She plays acoustic guitar when she is free because she likes music a lot. Apart from this, she also learns flowers arrangement. She thinks this can slow down her pace of life as Hong Kong is a very hectic society. What was her dream job when she was a child? Being a guitarist or gardener? Completely wrong! Absolutely wrong!

"My biggest dream was being a news reporter. Being a teacher is a smaller dream. But the most ridiculous thing was that I chose Chinese Journalism in JUPAS, which aims at writing press releases. I did not choose Report Journalism as one of the options in JUPAS! And finally I decided to study Chinese History," giggled Miss Chiu, showing a lovely smile. But after

her graduation, she didn't become a teacher at first. She worked in a bank that suggested by her friend but quitted after a few months.

"In the bank, I watched people's emotions being stirred greatly in the blink of an eye. Money is really dreadful that it can depress you in an extremely short moment," sighed Miss Chiu.

At that period working in bank, she thought she should not simply focus on money, but something really meaningful to her. And she was willing to communicate with youngsters too. So she chose to become a teacher when she found a vacancy.

There was one embarrassing moment in St. Louis School for Miss Chiu. She could still remember clearly that one day a student wanted to send her an email, but accidentally sent to all teachers. And many teachers reminded her to read that email on that day.

When asking Miss Chiu who her role model was, her answer is Mother Teresa. Mother Teresa extended her love through action and consecrated her whole life in servicing others. Undoubtedly, she is a great person.

"Her disinterested love and selfless spirit are something we pursue!" affirmed Miss Chiu, with steady eyes.

Once Miss Chiu was asked if she got an ability of traveling to the past, would she choose St. Louis School as her secondary school? The answer is yes! Miss Chiu loves the antiqued and vibrant atmosphere of St. Louis School very much. The strong brotherhood and cohesive relationship between students are the main contributing factors too! "I am sure that I would be very happy playing in such a big football pitch in my school if I were a boy!"



Going Around The World Is More Rewarding Than Studying books

Chan Hau Chun Samuel 5D

Mr. Ho Cheung Fai remembered when he was in Year 3, he had to write up a dissertation about geography and in it, a field study in foreign country had to be conducted. The reason why it was such an unforgettable experience for him was that he could have a first-hand experience to tell how true the saying “going around the world is more rewarding than only studying books” goes. Although it was a short trip to England for only about half a month, he was able to travel through lots of different cities in England.

The visit of these cities gave him a closer look to a mix of the modern skyscrapers in the trove of historic monuments, majestic mansions or grandeur castles. For instance, there are old cities such as Manchester, Liverpool, which may not be comparable to modern cities such as London and Hong Kong. Soaked in the air of architectural heritage, he could walk through the history, the ancestors’ footprints, and culture-laden symbols in the cities. He could see how England, considered as one of the historically and culturally rich countries in the world, acted as a potential driving force to the development of the world, how innovation and revolutionary changes were brought to the world in England through the Industrial Revolution.

Besides, he could see that England is also being influenced by globalization through milling round and threading through the cul-de-sacs of the cities. He then had a better understanding why there are places in England in which Arabic is written on the streets instead of English and how ethnic groups that are not able to speak English are able to settle down in England. It showed him that England is withstanding the ebb and flow of globalization. This knowledge cannot be obtained from textbooks. He really needed to trek and experience the place before he could find out what was happening then in the world. Even in that short period of time, he was able to see the world’s changes in the economic, social, and technology aspects and his horizons were expanded.

Therefore, he suggests that every student in St. Louis School at least try visiting a foreign country once in his life time, as it helps them go beyond their comfort zone and understand more about what is happening around them. Although not every student can afford a trip overseas, whenever there is a chance for them to do so, do not hesitate and act immediately as it would benefit them for a lifetime.



A New Chapter of Teaching

Tse Tsz Wai Matthew 5E

Miss Lee Kai Wai Vicky, a new female teacher this year, finished her degree in English Studies in university, and she is now teaching English and Geography in our school.

It is the first time she teaches in a boys' school. She has taught in two schools before, a co-educational school and a girls' school, so this experience is totally brand new to her. But Miss Lee expects a lot from this new challenging experience. She thinks that this experience can open up a new chapter to her teaching career.

When asked about her first impression towards St Louis, Miss Lee thinks this is a student-friendly school. When she was in university, an old boy of St Louis introduced this school to her and since then, she thought St Louis School is student-friendly and she decided to join after she finished her university study.

Miss Lee is the only new English teacher this year. She mentioned that English is a useful and beautiful language, so she chose to teach English. When she was in secondary school, the reading atmosphere enveloped the school campus, this made her interested in English. In university, she chose English Studies as her undergraduate major. She thinks having a prior background of English Literature, her composition would then be laced up with polished and elegant expressions.

When we asked her how to improve our English skills, she emphasized that many students are not interested in English. She suggested instead of participating in the inter-class English Drama and Choral Speaking competition, we can watch some classic drama productions. She thinks the stories of these dramas will draw the students' attention, which can boost our interest in the subject immensely. And she said that the main purpose of learning English is to communicate with people around the world, so we should speak more and read more.

Miss Lee loves travelling around the world. The main reason she loves to travel is that she is intrigued by all the things around the world. She will keep on exploring different places to learn more about the local culture in order to enrich herself. Miss Lee has already trekked through a lot of places around the globe like Korea and some European countries like France, Germany, Italy, etc. The most memorable travelling experience she has ever had was a trip to Edinburgh. She stayed there for two months. Before the trip, she thought that the locals there are very polite. But after she stayed there a longer time, she had a different view about it. She thought the locals behaved just ostensibly polite.

Finally when we asked her about students having a crush on female teachers and if she has experienced any embarrassing moments in school, she replied that students showing admiration towards female teachers is normal. Because they are in puberty, they may do anything stupid at times. It is acceptable as long as they don't create any ill feelings or hurt others. And about embarrassing moments in St Louis, she coyly said that the doors of the male toilets are always open, so she always walks past quickly and feels embarrassed.



I Love Working with Youngsters!

Mong Cheuk Hei Jackson 5B

In the classroom, the fans were hanging from the ceiling, spinning faster and faster. Breeze generated by the fans swirled and cooled down the heat in the classroom. Down below, desks aligned tidily, row upon row, as if a perfect queue in an assembly. Inconspicuously, noises outside the classroom were getting louder. Students were flocking to the classroom, chatting happily. Among them was a new teacher, Mr. Wong Man Chun.

Mr. Wong majored in Liberal Studies Education at the Chinese University of Hong Kong. He teaches Liberal Studies (LS). He is always wearing a grin on his face. His radiant smile is probably one of the reasons why he can successfully build rapport with students.

"I love working with youngsters as I am a youngster too!" said Mr. Wong, laughing like a child. "I love sharing my stories with them, too." Mr. Wong told us that he wanted to be a teacher when he was a student. And now, he hopes he can handle his work well.

My Students = My Friends

"Developing rapport with students definitely helps my teaching," said Mr. Wong without hesitation. He believes teaching is like a developing friendship with students. This special relationship can help students learn effectively.

"I don't mind students calling my nickname," Mr. Wong said. Sometimes, students like giving nicknames to teachers just for fun or trying to develop a friendly relationship with them. Some teachers may not welcome this behaviour. However, Mr. Wong thinks in a different way. He believes having a nickname means that being a friend of students as long as the students don't try to tease the teachers. He emphasized that having a close relationship with students is truly important to his teaching. That is why he will not get enraged by those nicknames.

Though he is kind, he will not turn a blind eye to the naughty students. "I would first listen to them and then tell them my opinion, and, of course, my principles." He added, "Mutual understanding is crucial. We have to know more about each other. I can develop trust and mutual respect with my students if I understand what they are thinking," he said with confidence.

Biggest Challenge

We all encounter difficulties from time to time. So

what's the biggest challenge Mr. Wong has ever faced? Mr. Wong graduated from a new programme called Liberal Studies. It is something new in the New Senior Education Curriculum so everyone was not familiar with it. This made him felt disoriented at times. Not only did he come across difficulties at university, but also in St. Louis School. "This is the first year of my teaching so everything is a challenge to me," he said. He thinks teaching is the biggest challenge. Very often, he has to work around the clock, doing lots of preparation for his lessons.

Facing loads of work every day, Mr. Wong likes to watch movies to release pressure. He believes that he can always learn something from watching movies too. For instance, from *Lord of the Ring*, he has learned from Sam how to solve the problems and survive in danger. "I love reading adventure books, too," he added.

Advice to Students Attending Tutorial Classes

Teachers put much effort into teaching, but still, many students keep enrolling in some popular tutorial classes in town. And disappointingly, more and more students jump on the bandwagon. So what does Mr. Wong think about this phenomenon?

"I would suggest them paying more attention during school lesson first. They may learn something special in school," he said. "There is a distinct difference between school and tutorial classes," he added. He believes tutorial classes are exam-oriented. But students can learn how to be an all-round student in school, which is far more important than doing well in the exams.

Do Not Underestimate Yourself!

St. Louis School can definitely help us be an all-round student. But, would Mr. Wong choose to study here if he could travel back in time?

"Of course I would!" he said without hesitation. "I particularly appreciate the attitude of the students here as they love to get along with the teachers, which is dissimilar from other schools in Hong Kong." He stressed. "Students love to talk to me and interact with me, that's why I love this school," he smiled.

At last, Mr. Wong reminded us we should believe in ourselves and not underestimate our ability. Last but not least, always do our best.



From Yale University to University of Hong Kong

Tam Jing Wah Arnold

Neither am I now a medical student nor a science major, yet the Yale University Internship was still an unforgettable trip for me. Apart from the time Denis and I spent in the lab, we did explore a lot about Yale and the East Coast of the United States.

The feeling when you stepped on the Yale campus was extraordinary. One of the best things about Yale is its 300 years Gothic building groups - one can live, dine, and study in one of the oldest buildings in Connecticut. It's surprising that people there can maintain so much of the originality and the aesthetic-ness of their college. Besides physical monuments, Yale students also inherit the old tradition of the college. Easy is it to feel how Yale students take Harvard as a rivalry by looking around the banners, posters, and photos pitting against Harvard in any restaurants, students' dorms, or even the souvenir shops.

Whilst most people are putting their eyes on Yale's scholars, sports in Yale shall never be overlooked. "Bull Dogs" (the football team of Yale University) flags were hung on every lamppost in Broadway. Students and Professors treat sports as important as academic that sports scholarships are given to a significant number of students who can potentially enter the NFL. Other than American football, lacrosse is also popular amongst Yale students. There was a day when Denis and I passed by a soccer field and saw a group of players holding sticks fighting each other, I immediately got addicted to this fiery-spirited sports. No sooner had I entered the University of Hong Kong than I joined the lacrosse team in no time. This trip not only opened me to scientific knowledge, but also a passion towards a new sport.

We also spent our weekends unwindingly in three different cities including Boston, New York, and Washington D.C.

Of all cities I've visited this trip, New York is my all-time favorite. The spirits of a metropolitan - fast pace of well-groomed businessmen on Wall Street; sky-rises in South Manhattan; twinkling billboards in 45th Street Times Square; independent artists in East Village SOHO; street culture in Brooklyn; and the race diversity in Little Italy, China Town, Queens - are all fully blended and vitalized here. My love towards New York does not limit to its metropolitan-ism, every lamppost, street sign, billboard here make you feel like being in a movie. You can never forget the scene that you enjoy a beautiful sunset

on 381meters above ground on Empire State Building, or the walk on Brooklyn Bridge in a rainy chilling day, or that \$2 hotdog you can only afford after spending every single dollar in your pocket on the 7th Avenue.

These reminded me of the lyrics - "In New York, these streets will make you feel brand new, the lights will inspire you" Alicia Keys, Empire State of Mind.

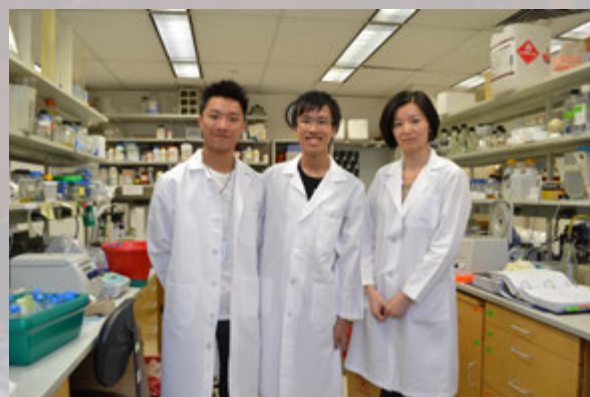
The trip to Boston was also worth mentioning. Not only did we visit all the scene spots along the Freedom Trial, we also attended a music festival called Boston Calling! Staring no less than 20 bands including some big names like FUN. and the National, the Boston Calling was held at the open ground of the City Hall on a 5°C rainy day. Despite the bad weather, tens of thousands of crowds were all heated up by the brilliant performances.

Our trip to Yale finally ended after another exciting visit to D.C. Things we gained from this trip was never bounded to scientific knowledge, it really opened up us to a whole new world.

Check out the video "A Trip to Yale" on YouTube to find out more Denis and I did on the trip!



▲ Studing Law ? Or...



▲ A real touch to the laboratory at Yale.

An eye-opening Experience at Yale

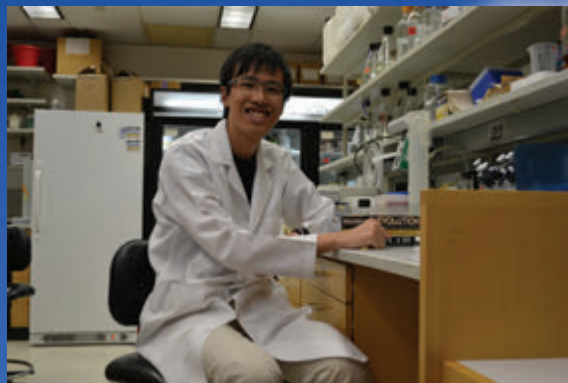
Yee Ho Fung

Visiting a world-class university and conducting experiments with a team of top-notch and committed researchers and professors are such a once-in-a-life time experience that I had in summer 2013. The Yale University Internship is a very fruitful and memorable adventure for me. Today, as a medical student in HKU, the program at Yale opened my eyes towards the medical field and it is very useful to my current studies as well as future career.

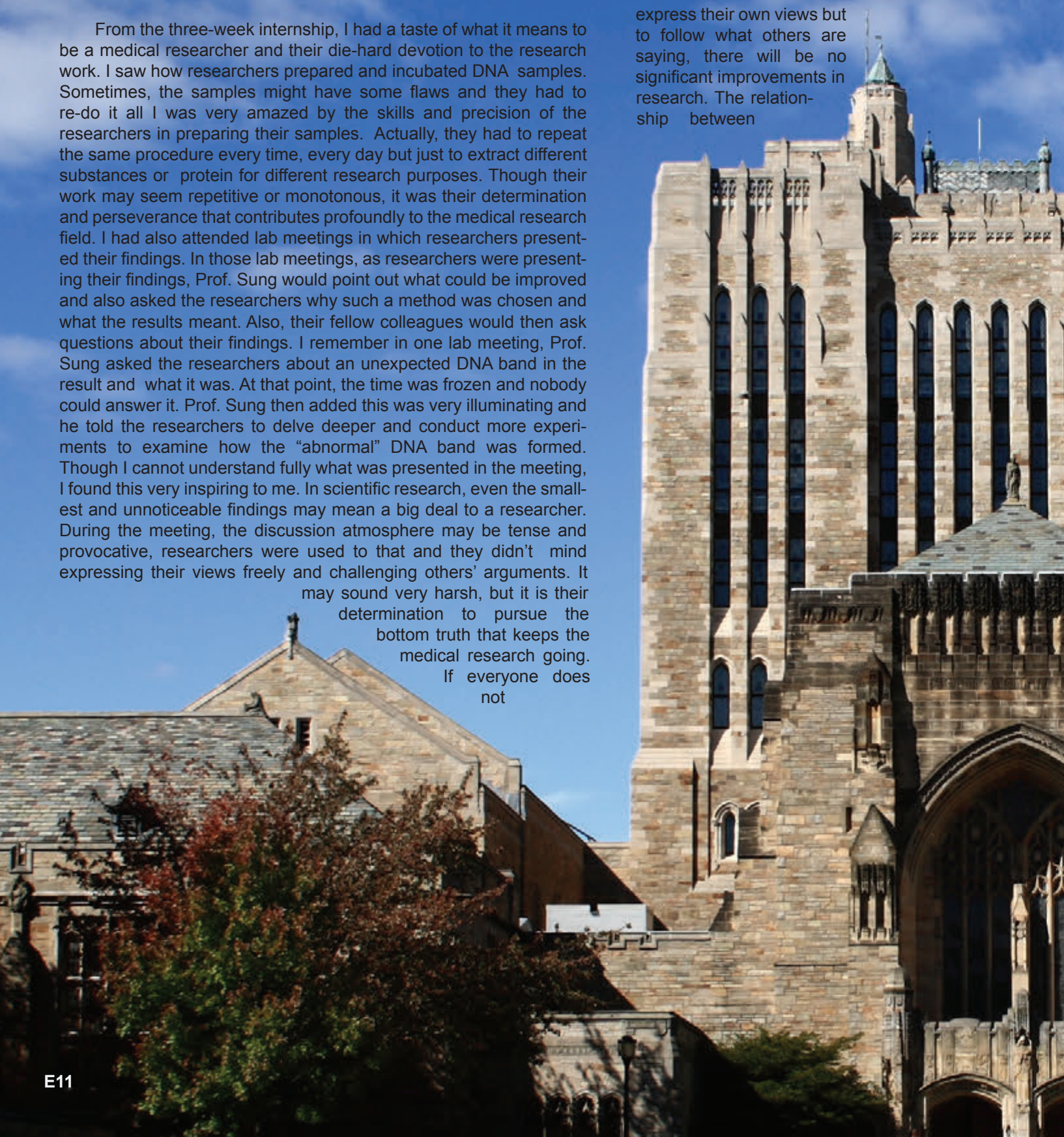
From the three-week internship, I had a taste of what it means to be a medical researcher and their die-hard devotion to the research work. I saw how researchers prepared and incubated DNA samples. Sometimes, the samples might have some flaws and they had to re-do it all I was very amazed by the skills and precision of the researchers in preparing their samples. Actually, they had to repeat the same procedure every time, every day but just to extract different substances or protein for different research purposes. Though their work may seem repetitive or monotonous, it was their determination and perseverance that contributes profoundly to the medical research field. I had also attended lab meetings in which researchers presented their findings. In those lab meetings, as researchers were presenting their findings, Prof. Sung would point out what could be improved and also asked the researchers why such a method was chosen and what the results meant. Also, their fellow colleagues would then ask questions about their findings. I remember in one lab meeting, Prof. Sung asked the researchers about an unexpected DNA band in the result and what it was. At that point, the time was frozen and nobody could answer it. Prof. Sung then added this was very illuminating and he told the researchers to delve deeper and conduct more experiments to examine how the “abnormal” DNA band was formed. Though I cannot understand fully what was presented in the meeting, I found this very inspiring to me. In scientific research, even the smallest and unnoticeable findings may mean a big deal to a researcher. During the meeting, the discussion atmosphere may be tense and provocative, researchers were used to that and they didn't mind expressing their views freely and challenging others' arguments. It

may sound very harsh, but it is their determination to pursue the bottom truth that keeps the medical research going.

If everyone does not



express their own views but to follow what others are saying, there will be no significant improvements in research. The relationship between



the researchers is competitive but supportive. The researchers had lunch and cracked jokes with each other before the meeting and they even took the chance to celebrate Prof. Sung's birthday before a lab meeting.

The internship provides me a view of what the life is like if I want to be a medical researcher, which may probably be one of my future career pathways.

Devotion and precision in practical sessions is also one of the useful experiences that I have gained from the Yale Lab. In my current medical studies, I have many practical sessions which involve the use of sophisticated equipment such as micropipettes, vortex mixer, UV spectrometer. I have actually learnt how to use these apparatus during my time at Yale and be able to master the apparatus.

The experience in Yale university has also widened my horizons, allowing me to feel what "college life" is like in a world-class university. The campus of Yale University is very large. Unlike the universities in Hong Kong, the size of Yale University is so vast that it actually envelopes the town there called New Haven. There is no distinct border to tell where the campus of Yale University is. Many campus shuttles run through the whole town. It is really impressive and I was in awe when I first arrived there. The environment there is very decent as well. There are plenty of big green lawns and you can even see squirrels hopping daintily between tree branches. Many students travel on the campus via bicycles, so bicycles are everywhere and there are a lot of bicycle parks where you can park your bicycles freely. People there are very nice, I remember that I was running in the park one day, I had a light chat with an exchange student who was doing biochemical research in his third-year studies. I enjoyed my days in Yale very much and it let me unwind, and relax.

The Yale University Internship is very rewarding and fruitful. The experience I have gained is unique and beyond descriptions in words. Today, as a medical student in HKU, this experience has inspired me to be an engaged member in the medical field.



7/12/2012	召開第二十屆(2012/2013)執行委員會第二次會議，共 23 位委員、幹事助理出席。另再有 10 位家長願意加入為幹事助理，協助推行會務。
14/12/2012	會長蔡敬和先生出席舊生會 (SLOBA) 周年會員大會晚宴。
15/12/2012	會長蔡敬和先生出席中西區家長教師會聯會第十二屆週年會員大會並當選為第十三屆理事會會長。
18/12/2012	會長蔡敬和先生出席慈幼會屬校家教會聯會並主持第一次理事會會議。
20/12/2012	舉辦「2012 聖誕聯歡會」，合共超過 100 人參加(包括委員、嘉賓、家長及同學)。
15/1/2013	出席學校校董會會議。
17/1/2013	本會委員出席學校假灣仔運動場舉行次天陸運會，副會長陳玉英女士、司庫羅崇禎先生、呂耀堯老師及張家豪老師代表本會參與 4X100 米師生及家長接力賽。
23/1/2013	會長蔡敬和先生出席慈幼會屬校家教會聯會並主持第一次理事會「特別」會議
30/1/2013	資助學生出版本學年第一期學生報 『博藝』。
1/2/2013	召開第二十屆(2012/2013)執行委員會第三次會議，共 16 位委員、幹事助理及會員出席。
2/3/2013	本會主辦 2013 年度<癸巳>年聖類斯中學「三會」新春團拜，合共 85 人出席。
9/3/2013	會長蔡敬和先生與多位委員出席中西區家長教師會聯會 2013 年度新春交流會。
11/3/2013	會長蔡敬和先生出席學校感恩節早會並代表本會向學校致送禮物。
13/3/2013	副會長陳玉英女士與多名委員出席學校感恩節晚會演出。
15/3/2013	會長蔡敬和先生與多位委員出席學校感恩節晚宴。當晚神長、老師、家長、同學、校友及社會賢達共聚一堂。
19/3/2013	會長蔡敬和先生出席慈幼會屬校家教會聯會並主持第二次理事會會議。
19/4/2013	召開第二十屆(2012/2013)執行委員會第四次會議，共 24 位委員、幹事助理及會員出席。
16/4/2013	會長蔡敬和先生與多名委員出席慈幼會屬校家教會聯會晚宴。
4/5/2013	副會長陳玉英女士、幹事助理王冬竹女士與多名委員出席 2013 提升子女修讀「通識教育科」能力研討會，共有 66 位家長出席。
17/5/2013	本會舉辦 2013 年度「香港世界地質公園-馬屎洲」親子旅行，參加人數合共 111 人。
25/5/2013	會長蔡敬和先生及多名委員出席中西區家長教師聯會主辦 2013 家長敬師活動。
27/5/2013	會長蔡敬和先生出席慈幼會屬校家教會聯會並主持第三次理事會會議。
1/6/2013	會長蔡敬和先生與多名委員參加慈幼會聯校家長教師會舉辦二日一夜生命教育營。
14/6/2013	召開第二十屆(2012/2013)執行委員會第五次會議，共 23 位委員、幹事助理及會員出席。
20/6/2013	會長蔡敬和先生及副會長陳玉英女士代表本會出席 2012/2013 學年中六畢業同學謝師宴。
25/6/2013	出席學校校董會會議。
30/6/2013	資助學生出版本學年第二期學生報 『博藝』。
6/7/2013	本會多名委員出席學校與 SLOBA 為中五同學舉辦之《Mentorship Program》
22/7/2013	本會與學校合辦 2013「中一新生暑期英文銜接課程」，合共 119 位中一新生報讀。(課程由 2013 年 22 日至 2013 年 8 月 2 日合共 10 天)
3/8/2013	本會與學校合辦「中一新生暑期英文銜接課程」舉行結業禮。共有約 90 位家長出席。
21/8/2013	會長蔡敬和先生出席慈幼會屬校家教會聯會並主持第四次理事會會議。
23/8/2013	召開第二十屆(2012/2013)執行委員會第六次會議，共 15 位委員、幹事助理及會員出席。
26/8/2013	出席學校校董會會議。
31/8/2013	會長蔡敬和先生與多位委員出席學校中一新生迎新日，向各新生家長會員介紹本會會務。
5/9/2013	會長蔡敬和先生與本會幹事出席 SLOBA 舉辦的 Warm Table Dinner。

會長 蔡敬和 謹啟
2013年9月5日

香港聖類斯中學家長教師會

第二十屆執行委員會 (2012/2013年度)會務匯報



各位會員：

本會第二十屆執行委員會之任期即將屆滿，本人謹代表家長教師會感謝校監林仲偉神父、校長葉偉明博士的信任和指導、各位家長會員的支持和鼓勵，在過去一年，本會成功舉辦多項學術和文化康樂活動，包括：「中一至中六級別家長資訊日」、「2012聖誕聯歡會」、2013【癸巳】年三會新春團拜、2013學校「感恩節」晚會演出、2013「香港世界地質公園-馬屎洲」親子旅行、提升子女修讀「通識教育科能力」研討會及2013中一新生「暑期英文銜接課程」等項目。參加人數非常踴躍，成績令人鼓舞；達到親子和睦，家校合作的目標。

在資源運用方面，本會各執行委員均謹慎理財，歷年來向政府申請資助，均獲批准。本會除了資助學校多項活動外，亦有撥款資助學生參與課外活動的交通費及膳食開支，為培育同學方面盡一點綿力。此外，為了提升與家長會員的聯絡，並配合資訊科技的應用新趨勢，本會設有家長熱線電話及電子郵箱，歡迎家長善用這些溝通渠道與本會聯絡及公關小組聯絡，交換訊息。

本會會務得以順利推行，實有賴本會校方成員的鼎力支持，各顧問老師在新學制、教學語言微調政策的影響和繁重的教務工作壓力下，仍在協助推動本會會務方面作出很大的貢獻，本人謹代表家長教師會向全校老師致敬。除此之外，亦要多謝本會全體執行委員和幹事助理，憑著大家的努力、分工合作，熱心參與日常會務工作，本人謹在此再次致謝。

最後，本人再次代表家長教師會感謝學校及全體老師對本會的支持，令各項活動得以順利完成，希望大家繼續共同努力，加強學校與家長的聯繫。在此預祝在下一屆新會長的領導下，與校長葉偉明博士加強溝通和合作，會務蒸蒸日上。現將本屆(第二十屆)會務簡介如下：

13/10/2012	召開香港聖類斯中學家長教師會第十九屆(2011/2012 年度)全體會員周年大會，出席會員共 78 人。首先由校監林仲偉神父致歡迎辭，校長葉偉明博士致開會辭，會長蔡敬和先生作第十九屆(2011/2012 年度)會務匯報，司庫羅崇禎先生作財務報告。會長蔡敬和先生代表會方向各校方顧問老師致謝，感謝勞志榮副校長、徐英偉副校長、黃國雄老師、容逸沛老師、陳瑞良老師及呂耀榮老師擔任本會執行委員會校方委員，協助推行會務。大會隨即舉行第二十屆(2012/2013 年度)執行委員會選舉，選出新一屆七位執行委員會家長委員，包括會長蔡敬和先生、副會長陳玉英女士、司庫羅崇禎先生、秘書何偉強先生、總務林寶琴女士、兩位幹事莊麗君女士及劉嘉明女士。另有 18 位家長願意加入本會為幹事助理，協助推行會務。
20/10/2012	與校方合辦中一及中二級別分級家長資訊日，促進家長、老師和校方之間的了解和合作，會長蔡敬和先生代表本會出席並致歡迎詞。
25/10/2012	召開第二十屆(2012/2013) 執行委員會第一次會議，共 22 位委員、幹事助理出席。另有 18 位家長願意加入為幹事助理，協助推行會務。
27/10/2012	與校方合辦中三及中四級別家長資訊日，會長蔡敬和先生代表本會出席並致歡迎詞。
28/10/2012	會長蔡敬和先生代表本會出席友校天主教慈幼會伍少梅中學家長教師會就職典禮。
10/11/2012	會長蔡敬和先生出席慈幼會屬校家教會聯會成立及就職典禮並當選為第一屆理事會會長。
16/11/2012	會長蔡敬和先生與多位委員出席學校畢業典禮。
17/11/2012	會長蔡敬和先生代表本會出席學校中五及中六級別家長資訊日並致歡迎詞。
24/11/2012	會長蔡敬和先生與多名委員出席學校中一新生取錄資訊日。

家人體諒 師友叮嚀

在文憑試備試期間，余同學表示壓力是有，卻並非太大，原因是家人皆十分體諒，鼓勵他「盡力即可」，毋須給自己過多的壓力。成功的背後除了家人的支持外，當然老師也應記一大功。余同學最感激班主任莊榮傑老師一直以來的悉心教導，不厭其煩地解答余同學的疑問，以及赴考前的鼓勵和叮囑。

談到選擇入讀醫科的原因時，余同學覺得很不可思議。事緣中五的那一年，余同學去參觀大學開放日。當時的他只打算謀求科學領域的發展，還未曾考慮從事醫護行業。誰知竟碰巧遇上一位正在修讀醫科的中學師兄，帶領他參觀醫療實驗室和鼓勵他嘗試考入醫科。自此，余同學便萌生了對醫科的濃厚興趣，並以此為目標而努力不懈。

溫故知新 觸類旁通

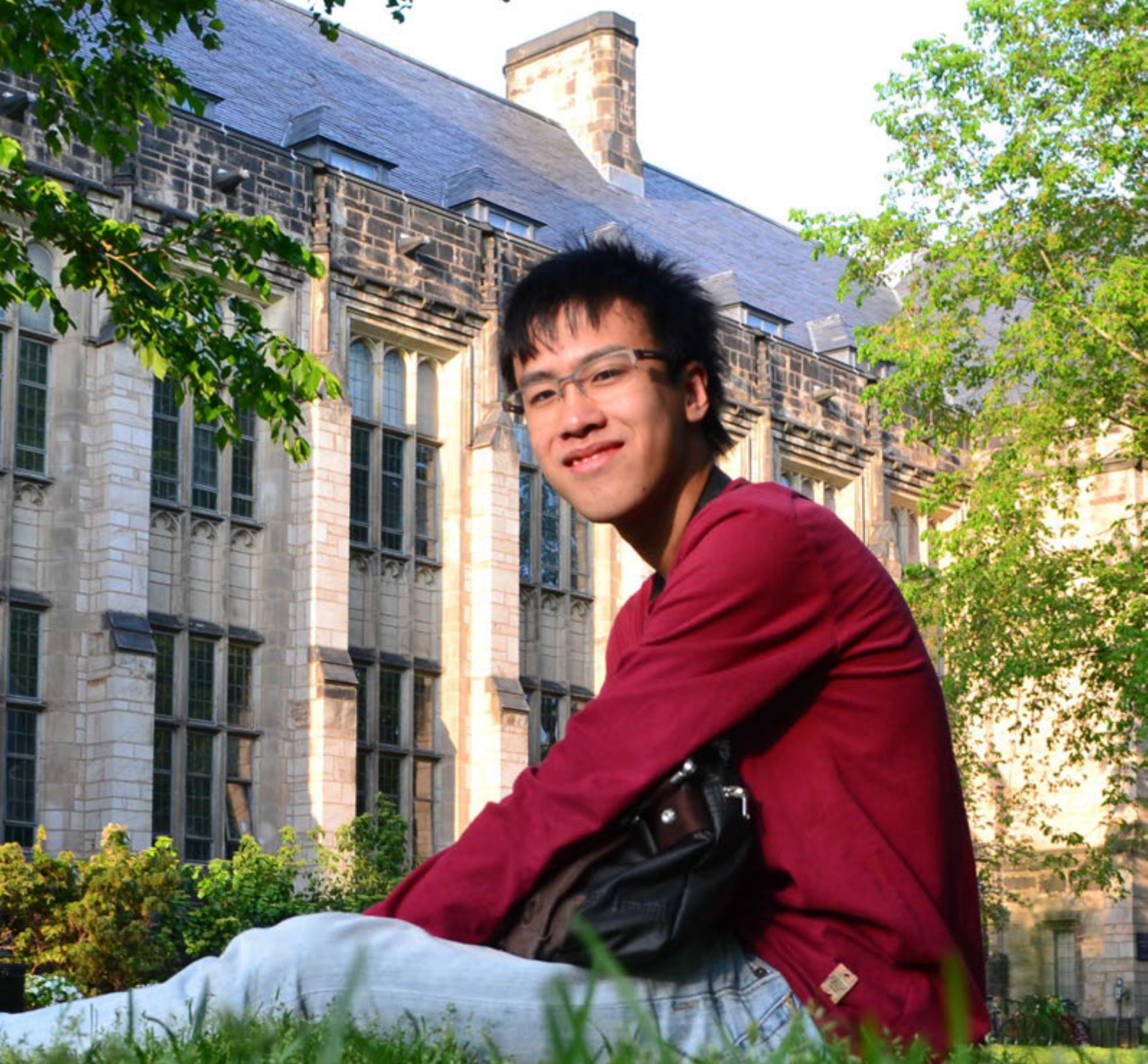
儘管現在成功入讀醫學院，余同學仍沒有一絲懈怠。他指醫科的課程範圍龐大，上課時教授講解的速度也很趕急，因此須比以前更加勤奮複習知識。況且，當醫生是良心行業，不但需要學懂如何關心別人，待人處事還得小心謹慎，這些皆是余同學自認可做得更好的地方。

對於如何有效率地讀書，余同學認為前提是不要讓自己處身壓力龐大的學習環境之中。就以自身為例，余同學有時候也會一邊讀書，一邊聽音樂，讓心境保持輕鬆愉快。他建議一眾師弟多重視中英兩科，尤其是英文，可以透過閱讀報紙和感興趣的書籍，藉以提升語文水平。同時，對於理科科目，則切忌囫圇吞棗、死記爛背，這會令自己對該科失去興趣。針對文憑試而言，他鼓勵同學多操練歷屆試題並閱讀參考範文，這些皆是十分有效的溫習方法。溫書的地點沒有甚麼限制，能讓自己保持專注即可，公共圖書館是不錯的選址。

最後，他祝願一眾師弟能作萬全準備去應付文憑試，並順利考入自己心儀的大學和學科，前程錦繡。

2013 香港中學文憑試成績

	余皓豐	梅樂天
5**	數學、數學延伸單元二、物理、 生物、化學	數學
5*	英國語文	英國語文、數學延伸單元二、物理、 生物、化學
5	/	中國語文
4	中國語文	/



師兄啟迪 努力不懈 — 摘星尖子余皓豐

陳冠豪（中五丁）

「成功須苦幹」— 二零一三年是第二屆中學文憑考試，奪得五科5**、一科5*和一科5佳績，並且入讀香港大學內外全科醫學士課程的余皓豐同學親身印證了此言不虛。

家風自由 讀書有道 理學專才梅樂天

張聖嘉

(中五丁)

四口之家顯支援 兄妹情誼勝於爭

梅樂天同學來自一個四口之家，父母均為會計師，還有一位比他年幼三年的妹妹。自幼，父母給予他很大的自由發展空間，對於學業，父母不但沒有要求，反而會提醒他「盡力就可」。當問及家中妹妹會否對他帶來競爭的負擔，他表示兄妹情深，不會有互相比較的壓力。「再者，她還沒考文憑試，結果還有待揭曉呢！」梅同學笑道。

選科事前三考慮 為醫細心還用心

對於自己所選擇的醫科之路，梅同學坦言，比較不同學科，自己對醫學最感興趣。他認為個人興趣、充足準備及心志堅定是習醫的三大要素。除此以外，他指出醫者除了必須擁有一顆仁心外，還要小心、細心及用心，患者才能得到最佳服務與治療。

得不償失談補習 自製筆記方上策

說起時下學子應付文憑試，莫過於將大筆金錢與精力投放於補習課程之上。梅同學直言，補習會佔用許多時間，反而縮減自己溫習時間，得不償失。談到自己的應試準備，他表示有自製筆記的習慣，能有效整理課堂所學；在課餘，自己會主動邀請老師修改作文，有不明白之處，不恥下問；梅同學更時常閱讀英文報刊、中英文範文，亦不時翻閱過往試卷。此外，他也有參與IELTS測試，檢視自己的英語水平與局限。梅同學坦言面對文憑試壓力巨大，所以偶爾與同窗踢球或彈奏古典音樂減壓。

懷念校園謝師情 將來信念仍堅定

憶及學校，梅同學說他甚為懷念校園生活，還有這裏自由與自律的校風。他十分感謝班主任莊榮傑老師，感激他昔日在數學領域的悉心教導。他亦對師長、同學承諾無論習醫的路多艱辛，都會一直堅持，決不放棄。



尖子專訪



「考試難如虎，扣分狠似狼」，這或許是大多數經歷了中學文憑考試學子的心聲。然而，這場殘酷的淘汰賽，其中不乏脫穎而出的佼佼者，今期博藝特別訪問了兩位跨進了香港大學醫科大門的余皓豐同學和梅樂天同學。

大學化學系，並立志成為一位學者。然而，要成為學者，不可能一生困守在香港這個小宇宙，故他希望負笈海外，見識更廣闊的世界。

過難關 闖牛津

「天空會給我意志，驚險也必要嘗一次……」

與一般同學不同，陳師兄在大學裡沒有參與組織課外活動，他選擇去「學師」——跟隨教授做學術研究，並樂在其中。有人說：「以甚麼角度出發，以甚麼方式發展，以手上的軍事圖作藍本之餘，還有林總的變數，這就是考驗你爭取機會的眼力與嘗試的膽識。」

陳師兄在一次偶然的機會下，得悉了滙豐銀行獎學金計劃的資訊，成功被取錄的大學生能透過這個計劃，獲得全費贊助到外地大學作交流生一年。巧合的是，學系教授亦同時推薦他參加這個計劃。天時地利人和，他希望能把握這千載難逢的機會，到英國牛津大學交流。然而，這個計劃的甄選過程，是難關重重的七星北斗陣。首先，他需要寫一篇五百字的英文文章，評論教育議題；接着，他要設計一份計劃書，內容包括到英國牛津大學留學一年的財務管理、生活開支及學習計劃；同時，還要自己主動聯絡牛津大學的相關部門，呈交設計妥當的計劃書，並通過牛津大學的面試。牛津大學接受申請後，就要過最後一關——滙豐銀行獎學金計劃面試。申請人要在五位面試官前進行十分鐘的英文個人演講，而陳師兄演講的題目是生命的意義。

面對如此崎嶇的石牆，若缺少毅力與努力，一切都只會徒然。昔日陳師兄在中學的成績由中游躍升至上游，至大學又抓緊機會，努力不懈，最後成功獲選，夢想成真。

弘大志 惠後學

「趁這青春，要擁抱心儀的事……」

陳師兄對教育亦有抱負。「現時香港的教育制度重視考試多於知識，教育的目標著重學歷，令社會出現『高分低能』的『人才』，令學習的意義本末倒置。」熱心教學的他從中六開始，在網上為初中生補習化學，為他們解決疑難。時至今日，他在網上與一群志同道合者，提供免費補習服務，他們開設的Facebook專頁（思遠免費教育）是一個良好的學習平台，解答學生不同學科的疑難。這一切，都是為了一個「為師夢」，夢想成為一個「育人」的老師。

「無憾地放縱，笑容面向千里風。雲霞在我四周歡送，都因快樂的我而感動。」



▲ 牛津大學宴會廳一隅



▲ 陳巧新與牛津同學的孔子扮相



▲ 港大實驗室工作留影

第一志願

匯豐銀行獎學金得主陳巧新

「抱擁光的我，抬頭呼喊我願望，不想對著天空都說謊……」

或許現在的你，對未來的前景充滿疑慮，不辨方向，然而每個人的心底裡，總有一個夢想，不管大與小，你有勇氣去實現它嗎？

由無夢到追夢

二零一一年中七畢業的陳巧新，是一位追夢者，也是一位憑實力成功實現夢想的聖記仔。

他，文質彬彬、慎言寡言。初中時的成績平平無奇，也沒有一個夢去推動自己奮發圖強。當時的他過著千篇一律、枯燥的校園生活。可幸的是，他高中時突然開竅，視學習為樂趣，結果成績大躍進，全級排名由初中的中游，躍升至高中的首一、二位。

「天真我所以放肆，怎麼錯不過錯一次……」

陳師兄從2009中學會考和2011高級程度會考中凱旋而歸，分別奪得3A3B以及2A1B的佳績後，察覺到自己需要掌握時機，為自己定下目標。他曾經做過兩個夢——大學修讀醫科或化學科，兩科皆是其所喜所好，可恨的是只能二選其一。最初他傾心醫科，乃因當上醫生的優點——工作穩定、收入豐厚、地位崇高。然而，當他看到醫生負滿重擔的胳膊，操控病人生死的雙手，又發現自己的性情未必適合，終於決定放棄，轉而選擇走上化學研究的大道。結果成功考入香港



▲ 陳巧新與其他獎學金得主合照



▲ 陳巧新攝於獎學金頒獎禮

『劇青』為主，有違樸素的原則。學校是學習的地方，這小部分的學生衣著標奇立異，對學生形象及校風有着負面影響。」他還指出了學生在校內表現的問題，「我不時看見同學們到小賣部買食物時會找排在前方的朋友，托他們幫手買小食。這樣做對排在後面的同學很不公平，沒有念及他人的感受，令其他正排隊的人要等候更久。」

學生活動協進社主席梁曉恩同學亦有類似的看法：「學生的形象、風氣都會影響到外人對學校的評價。近年，校內『潮童』的數量確有增長的跡象，這是『大勢所趨』，無可避免。」他以部分學生穿著「窄腳褲」為例，他以另一角度評論這個問題：「其實以前的高年級學生亦有穿著『窄腳褲』，只是並不普遍。現在我們之所以注視這個問題是因為愈來愈多的學生爭相仿效，形成了『羊群效應』。」「其實破壞我校樸素校風的只是一小部分學生，這些學生穿著的『窄腳褲』褲管過分收窄，更甚者有輕微染頭，蠟頭等現象。」身為學校活動組織的頭兒，對於學生在參與活動的表現方面亦有些微言：「眼見校內不少學會舉行的活動也不錯，但學生似乎視若無睹，致很多活動黯然失色！」

對於這個問題，老師亦有不一樣的想法。

管惠遠老師指出：「現今學生都身體力行，體現了『自由』，卻忽略了同等重要的『自律』。以前，學校毋須事無大小都管著學生，可以任由學生發揮，因為他們懂得『自律』。反之，今天學校即使訂下清晰指引，卻仍有人不遵循，是因為他們不懂『自律』。」

呂耀燊老師也表達了自己意見：「現在的學生缺乏自制能力，很多事情都不夠自覺。」「學生往往欠缺了一份良好的學習態度，行事上欠奉認真的態度，以致學校在各方面表現皆無法盡善盡美，形成了每況愈下的校風。」

梁醒標老師則有截然不同的看法：「即使現在的學生在學業成績方面力有不逮，但他們要比以前的同學『活潑』得多，課外活動的表現可算是屢創佳績。」「在往年的小賣部事件中，雖然學生在協商、溝通等層面上仍有不足之處，然而學生擁有獨立、批判思考的能力，這是無可否認的。」

葉偉明校長的看法則與別不同：「其實學生根本就是校風的直接反映。」辦學經驗豐富的葉校長接著說：「很多時候，學生對自己的形象看法會直接影響到他們的行為舉止及別人對他們的看法。」葉校長語重心長地說：「最重要的不是別人如何看待你，而是你個人對自己的期望。」他深邃的眼睛閃爍著光芒，似是注視著聖類斯的未來。我不禁想起林庭新老師常說的一句話：「Aim high, fly high.」

校風・未來

對於聖類斯的未來，每人對此有着不同的期盼。學生組織領袖認為學生應更注重在校外的形象；老師則認為學生應堅守聖類斯「自由與自律」的精神；或言學生做事要有一份認真和謙虛的態度。但畢竟聖類斯學生就是聖類斯中學的整體，那便讓他們探索吧！讓他們呈現一個屬於他們的「聖類斯」未來。

學生之間若能能做到互相溝通、包容；做事認真、謙虛，並明白自由的真諦。那麼，學生的言行舉止定必如實反映在校風之上，達致一個理想的校風、學生的烏托邦。

回想當年未入讀聖類斯中學，筆者自己仍是一位小六生時，在街上看到學生穿著運動鞋上學覺得匪夷所思。當時以為聖類斯中學不重視學業的。想不到後來的我竟然穿上同一套校服，每天踢着自己心愛的運動鞋上學，每天也因自己是聖類斯的一份子而感到自豪，同時自己也希望聖類斯的精神能夠長存。

「聖類斯中學頂呱呱！」

徐徐漫步於第三街，無意間走回了學校，看著聖類斯歷盡風霜的大門依舊屹立，「學繼往聖，有教無類，不捨如斯」十二個字仍在閃閃發光。然而，時代的巨輪從來沒有停止過，又有誰能預計



校風・學生

「聖類斯中學頂呱呱！」

緩緩在第三街漫步，或是安坐在喧囂的課室中，身邊的人都在議論著各校的校風。校風？甚麼是校風？

羅健威

梁家樂

中五戊

校風探初

校風=學生

「校風」一詞，淺白來說便是學校風氣。不同人對「校風」的定義也有不同的見解。有人說校風是學生形象；或說是學生行為表現；

更有人說校風就是學生在任何方面的表現，包括玩樂、學習、團隊精神……這一切一切都離不開「學生」二字，因此說「學生」便是「校風」也不為過，甚至是最好的解釋。每間學校的校風各有特色，若單純以「好壞」來評論校風，便未免過於膚淺了。我校素以「自由與自律」見稱，而學生在校內各方面也能體現出「自由」的一面。學校給予同學不少自由，容許我們可以穿著運動鞋上學；學生在舉辦活動時老師只會從旁協助，讓同學能隨心發揮。這些都是我們學生引以自豪的地方，所以聖類斯中學校風「自由」是人所共知的事。然而，一般人卻誤解「自由」二字，認為「自由」等於隨心所欲，一切跟從自己意願而行。其實真正的「自由」是指有選擇的權利，並要以不影響他人為前提。因為當你影響別人，剝奪他人享受自由的權利時，這便是放縱了。

葉偉明校長一向認同聖類斯中學自由的校風，我們就此訪問了他，他認為不受束縛，無拘無束，自由自在自然是件好事。然而漠視他人的權益，目無法紀，無法無天，我們還能冠之以「好」嗎？學生在任何方面固然能充份表現「自由」，但這份「自由」孰好孰壞，值得我們三思。

一所學校學生如何，學校的校風也必如何。

葉校長指出，校風的形成與學生的行為表現息息相關。「學生想予人甚麼形象，便會完完全全在校風上呈現出來。」

以往的聖類斯，給人一個十分優秀的形象，學生不論在校內或校外的表現，各方面的成績皆是名列前茅。學業成績方面自不用說，更教人欣賞的是學生的表現。學生明白「自由與自律」的道理，更貫徹校訓「學識與虔敬並重」的態度。縱使我們未能親眼目睹當年盛況，但芸芸出色的校友正是鐵證。


校風・現在

一片片「歲月留聲」、「光輝歲月」令人津津樂道，然而往事只能回味。窗間過馬，驀然回首，今天的聖類斯，又能否像往昔一般的燦爛呢？

白色襯衫、灰色長褲，穿著這一身校服的學生俯拾即是。要是再加上一雙球鞋呢？噢，必定是聖類斯中學的學生。我校一直堅持「自由與自律」，學生在各方面都享有自由，然而，學生是否濫用了「自由」呢？

葉校長上台一年多，新人事新作風。不論是學生約章，還是抽樣檢查校服，新校政所針對的似是近年為人詬病的問題。對於近年校風的問題，就此，不同的持分者都表達了不同的看法。

學生領袖張聖嘉同學認為現在的校風並不壞：「學校猶如一個大家庭，同學間相處融洽，師生間亦師亦友。」但有部分學生的儀容並不符合標準：「一些學生穿著顏色奪目的球鞋，髮型又以



藍社這個冠軍看起來贏得不太困難，就分數而言，藍社在乙、丙兩個組別的分數力壓其餘四社，組別得分亦和四社有一定的距離。但他們確實付出不少，九月開學後不久，藍社一眾委員已著手籌備如何向社員宣傳，鼓勵他們報名以及安排時間練水。練水時帶領社員的並非專業的教練，而是幾位毛遂自薦的委員，騰出課後的空餘時間指導社員。

為了讓讀者對此有更深入的了解，博藝小記者特意訪問了本年度的藍社社長，中五戊班的林滙曦同學。

林同學表示贏得水運會總冠軍非常開心，皆因藍社連續多年在水運會都是「吊車尾」。他原本定下的目標只是希望擺脫這個污名，但意想不到的的是能夠一躍反超，令他喜出望外。

問到他的致勝之道時，他對乙、丙兩組的評價頗高。他指出丙組的新生非常活躍，

令藍社的參加人數增加不少，而且他們亦非等閒之輩；而乙組更可謂精英雲集，贏得不少分數。

林同學指出今年水運各社都很投入，不少人願意為所屬的社爭取分數，他指出一個社的成敗取決於社員會否

為社付出。而

被問到藍社的表現時

，他說社員打氣都十分

賣力，唯獨是比較慢熱，幸好午飯後很快

就能進入狀態，而且參賽者亦努力爭標，

付出不少。從他們叫得聲嘶力竭，游得筋疲

力盡即可體會得到。

最後他坦言尚有改善空間，例如打氣慢熱，胡亂轉換座位，甲組參賽人數少等，都會影響到整體的士氣。他期望社員除了可以更落力為社員打氣外，亦可踴躍參加各項的社際活動。

由此可見這個久別重逢的冠軍，對藍社上下而言，無疑是一個鼓舞。但勝不驕，敗不餒，能夠從中看出不足並作出改善，這才會有更大的進步。

水運會贏家

「菁」出於「藍」

文榮堃

(中五乙)

有賴各方通力合作，本年度水運會於二零一三年十月十日順利舉行，而參賽者的表現亦為大家帶來不少的讚嘆和掌聲。

十月十日這個日子，是我們水運會的大日子，是當年中華民國建國的日子，一個推翻帝制，把人民從數千年封建制度解放出來的日子。對各位「聖記仔」來說，今屆水運會是別具歷史意義的，而且今年的賽果更令各位眼前一亮。

「藍社精神 傲氣如雲 藍社精神 氣勢迫人 我地藍社精神 誓要再起風雲」這就是藍社在水運會時的打氣口號。

上一次藍社奪得水運會冠軍已經是十年前的事了。而今年，他們終於再起風雲，重奪失落十年的水運會總冠軍，並贏得「啦啦隊」大獎，成為「雙料」冠軍。



免惡劣情況的出現。當天水運會開始後，有一段時間不見必Sir蹤影。原來他是去找獎盃的下落。

「水運會開始前，我已得悉獎盃不見了。當時我問了任何有可能知道獎盃去向的人，全皆不知。雖然獎盃重要，但水運會開幕

題。」「儘管沒有即時的問題出現，腦袋也要不斷轉動，避免問題發生。」

除了各種的準備工夫外，必Sir指出人際關係也非常重要。「儘管你能力再高，欠缺他人幫忙是很難解決問題的！」必Sir指出，水運會固然由



必Sir既是水運會的統籌也是水運會的主持

之事較為緊急，要先行處理。解決問題前要先要權衡輕重，否則更大的問題便會隨之而來。」必Sir坦言，外人看他常常表現輕鬆，其實他的腦袋無時無刻在轉動。「當時我沒有即時去找獎盃的下落。在開幕期間，我想盡獎盃可能散落的地方，同時要有另一手準備。倘若獎盃真的不見了，便要找人先運來一批『冒牌貨』代替。」

「身為水運會統籌，當天的細節我是要知道得一清二楚。在四周遊走除了是要知道各單位的情況外，更要『找問題』！因為可能有人沒有依足程序辦事，而自己不知出現了問

他統籌，但也需要各方的幫忙。「學長、工作人員、童軍和老師，缺一不可。各單位也在水運會中佔着重要的地位，而且他們都是義務來幫忙。你若是惹人討厭的話，他們會



聚精會神的計時員

盡力助你嗎？倘若你平日待人處事妥當，你遇到問題，需要別人助你一臂之力時，他們絕不會拒絕你的！」別以為水運會只是校內的事，但其實都要跟場館溝通。「你用的是別人的地方，借的是別人的東西，當然要與他們保持聯絡啦！早在一個月前，我便通知場管當天水運會的流程，需要用的物資。」當天各單位緊守崗位，必Sir或他們有任何事要幫忙，雙方定必想辦法合力解決。

當必Sir被問及他只是第二年籌辦水運會，為何可成竹在胸？必Sir解釋往時梁想平老師（已退休）籌辦時，他已是助手。而梁想平老師離任時也多次提點必Sir在籌辦活動時要注意的事項。

訪問期間，必Sir坦言籌辦水運會確是一項勞力的工作。「既然學校有信心我應付得來，我當然也要給自己信心。辛苦的

也不過是事前準備而已。」當必Sir被問到對水運會有何期望，他只說了八個字「安全舉行，人人開心。」

隨着頒獎禮的完結，成為大贏家的藍社以及各位參加者盡興地離開，必Sir還要處理物資運回學校的事宜，才算完成了他這天的工作。「你也累了，先回家去吧！」

夕陽西下，和暖的海風吹來，又有多少人留意到令夕陽更美的彤雲？

梁家樂
（中五戊）



陳必良老師專訪

水運會統籌

水運會



另眼相看

水運會是一年一度的盛事，每年看着池中的健兒拼力比賽，看台上的社員為自己的社奮力打氣，大家都感到每人對社、對比賽的熱誠。今年的水運會當然也不例外，縱使參賽人數少了，但大家也全程投入，讓水運會高潮迭起。

水運會的焦點固然是各項賽事，但大家有沒有想過，水運會之所以能順利舉行，背後的籌備工作非常重要。必Sir，陳必良老師今年已是第二年籌辦水運會了，水運會當天無論在哪一個角落，都可能看到必Sir的蹤影。必Sir在場內場外走來走去，他實際的工作是怎樣的呢？

今天我便為大家揭開「水運會統籌」的面紗，深入認識水運會！

當初向陳必良老師提出在水運會當日訪問他時，他笑言：「當天『很有空』，我們可以慢慢談。」當初我懷着半信半疑的心情回家準備，始終未能相信「很有空」這句話。因為我最初認為身為統籌的必Sir在水運會當天必定忙得不可開交。然而，我的想法是錯誤的。當日必Sir固然要在場內場外指揮一切，但他還有時間跟我在場邊慢慢談……

為甚麼必Sir有空跟我閒聊呢？「做任何事只要事先準備得宜，到時便不會出現大問題了。」換而言之，必Sir之所以這

麼有空，是因為一切盡在他掌握之中。水運會的準備工夫早在一年前便開始了。「場館要很早預約，否則便沒有適合的日子舉行水運會。」必Sir表示，只要水運會能順利開始，其後便可以隨着他的計劃繼續進行。必Sir多次強調事前準備的重要性。「沒有準備，屆時手忙腳亂，心愈亂令事更亂，只會令事情變得一團糟。」水運會當天一切順利，別無任何大問題，看來要歸功於必Sir了！

倘若真的在水運會期間發生問題，出現意外，該如何處理呢？必Sir指出，解決問題的方法，便是要預防問題發生，即是事先考慮各種可能出現的情況，並想好如何可以避

博藝

希穎著

總編輯的話 洪遠皓

倘若說人生是一本書，中學的校園生活必定是書中最精彩的一節。今年，《博藝》踏進第四十五個年頭。這些年，博藝總編輯一直秉承神聖的使命——為每位聖類斯中學學生留下一個又一個青春的印記，記下一段又一段難忘的時刻。《博藝》集結了眾人的心血，筆者在此聊表謝意。《青春頌》歌詞言：「大好青春要盡耗」，要使自己日後不存遺憾，就要把握當下，靠自己的雙手去創建夢想。立志辦好《博藝》的我已行動，你還在猶豫甚麼？

總編輯：洪遠皓 陳思沛

副總編輯：

文榮堃

王成鴻

張聖嘉

編輯：

梁家樂

謝子維

廖宴鋒

羅健威

蒙卓晞

陳冠豪

陳巧進

林子喬

攝影：

曾朗亭

鄭浩銘

排版及設計：

洪遠皓

陳思沛

顧問老師：

張秀珠老師

馬寶婉老師

何偉良老師

王寶珊老師

資訊科技支援：

鄧瑞祺先生

黃安華先生

編輯：聖類斯中學《博藝》編輯委員會
出版：二零一四年二月

地址：香港西環第三街一七九號
電話：二五四六零一一七
鳴謝：聖類斯中學家長教師會贊助出版

