



ST. LOUIS SCHOOL

Circular No. 084 (26-27)

28<sup>th</sup> September, 2026

Dear Parents/Guardians,

**RE: Weight Management Class**

Your child is invited to join the weight management class. This program aims to enhance students' physical capacity, improve body shape, and foster positive attitudes towards exercising.

Details of the training sessions are as follows:

|                 |                                                |                                                          |
|-----------------|------------------------------------------------|----------------------------------------------------------|
| Date            | Term 1 (2026):                                 | 6/10, 13/10, 20/10, 27/10<br>10/11, 17/11, 24/11<br>1/12 |
| Time & Venue    | 12:20 p.m. – 1:00 p.m. at SLS IAC/ School Hall |                                                          |
| Training Fee    | Free of charge                                 |                                                          |
| Teacher Advisor | Mr. WONG Sung Yan                              |                                                          |

*Remark: Your child may bring sportswear to school and change before and after the training sessions.*

Your child's active participation and punctual attendance are highly appreciated. If a student is unable to attend any training session for any reason, he should inform the teacher-in-charge at least one day in advance.

Please sign and return the following reply slip to Mr. Wong Sung Yan **on or before 30<sup>th</sup> September, 2026** (Wednesday). Should you have any enquiries, please contact Mr. Wong Sung Yan at 2546 0117. Thank you.

Mr. Wong Sung Yan  
for Principal

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**Reply slip**

Circular No. 084 (26-27)

**Re: Weight Management Class**

Dear Principal,

I **\*allow / do not allow** my child \_\_\_\_\_ of Class \_\_\_\_\_ (No. \_\_\_\_\_) to take part in the weight management class.

Signature of Parent/Guardian : \_\_\_\_\_

Name of Parent/Guardian : \_\_\_\_\_

Emergency Contact Number : \_\_\_\_\_

Student's Mobile Number : \_\_\_\_\_

Date : \_\_\_\_\_

\* Please delete as appropriate

☆Please return the reply slip to Mr. Wong Sung Yan on or before 30<sup>th</sup> September, 2026.