



ST. LOUIS SCHOOL

Circular No. 142 (25-26)

25th November, 2025

Dear Parents/Guardians,

Re: The Outbreak of Influenza in Class 1B

The Centre for Health Protection alerted our school that there is an outbreak of influenza in class 1B. The medical surveillance period of this class will last until 3 December.

To prevent outbreaks of influenza and other respiratory infections, it is of prime importance that students with fever (oral temperature higher than 37.5°C, or ear temperature higher than 38°C), regardless of the presence of respiratory symptoms, should stay at home and not return to school.

Other suggestions given by the Centre for Health Protection are as follows:

- It is essential for teachers and students to wear a surgical mask;
- Avoid touching one's eyes, mouth and nose;
- Wash hands with liquid soap and water properly whenever possibly contaminated;
- When hands are not visibly soiled, clean them with 70 to 80 per cent alcohol-based handrub;
- Cover the nose and mouth with tissue paper when sneezing or coughing. Dispose of soiled tissue paper properly into a lidded rubbish bin, and wash hands thoroughly afterwards;
- Maintain good indoor ventilation;
- When having respiratory symptoms, wear a surgical mask, refrain from work or attending classes at school, avoid going to crowded places and seek medical advice promptly; and
- Build up good body immunity by having a balanced diet, exercise regularly, take adequate rest, do not smoke and avoid overstress.

Our school will ensure thorough disinfection of classrooms with the use of 1:49 diluted household bleach. Should you have any enquiries, please contact Mr. HO Wai Leung Lawrence or Ms. CHUI Lok Ting at 25460117.

Yours faithfully,
Ms. CHUI Lok Ting
(for Principal)

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Reply slip

Circular No. 142 (25-26)

Re: Outbreak of Influenza in Class 1B

Dear Principal,

I have read and noted the content of the circular No. 142 (25-26).

Signature of Parent/Guardian : _____

Name of Parent/Guardian : _____

Name of Student : _____

Date : _____



聖 類 斯 中 學
通告第 142 號 (25-26)

各位家長/監護人：

1B 班流感爆發

本校接獲衛生防護中心通知，1B 班出現流感爆發。該班會接受健康監察，至十二月三日為止。

為防止流感或其他呼吸道傳染病的爆發，如 貴子弟出現發熱(口溫高於 37.5°C，或耳溫高於 38°C)，不論是否有呼吸道感染病徵，都不應回校上課。

衛生防護中心亦建議採取以下措施以預防流感及其他呼吸道疾病：

- 教師及學生應佩戴外科口罩以預防傳播呼吸道病毒；
- 避免觸摸眼睛、口和鼻；
- 雙手一旦染污，應使用梘液和清水以正確方法洗手；
- 當雙手沒有明顯污垢時，用含 70%至 80%的酒精搓手液潔淨雙手；
- 打噴嚏或咳嗽時應用紙巾掩着口鼻，把用過的紙巾棄置於有蓋垃圾箱內，其後應徹底洗手；
- 保持室內空氣流通；
- 當出現呼吸道感染病徵，應戴上外科口罩，不應上班或上學，避免前往人多擠迫的地方，及盡早向醫生求診；及
- 保持均衡飲食、恆常運動及充足休息，不要吸煙和避免過大的生活壓力，以建立良好身體抵抗力。

學校會保持校園衛生，定時以 1:49 稀釋家用漂白水清潔課室。如有查詢，歡迎致電 2546 0117 與何偉良副校長或徐樂庭老師聯絡。

校長 易浩權博士
(徐樂庭老師代行)

二零二五年十一月二十五日

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回 條
1B 班流感爆發

通告第 142 號 (25-26)

易校長：

本人已知悉通告第 142 號 (25-26)內容。

家長/監護人簽名：_____

家長/監護人姓名：_____

學 生 姓 名：_____

日 期：_____