



Dear Parents/Guardians,

To promote perseverance, physical fitness, and distance running as a lifelong sport, our school is excited to announce the **Stride for Success: S.1 Distance Running Program**. This initiative aims to encourage students to develop a healthy lifestyle beyond the classroom while enhancing their physical ability and social skills.

Activity name:	Stride for Success: S1 Distance Running Program in HKU Stanley Ho Sports Centre Complex
Date:	16 th January, 2026 (Friday)
Gathering time & Venue:	8:20 a.m., S1 Classrooms
Dismissal time & Venue:	12:15 p.m., St. Louis School
Teachers-in-charge:	Mr. Wong Ching Kwan, Ms. Chan Man Ying and S1 class teachers
Remarks:	1. Students should be in School PE uniform or House jersey. 2. Students are required to bring water for the activity.

Please complete the e-Circular on or before 3rd December, 2025 (Wed). **Students wishing to take or who have taken a leave of absence are reminded to provide medical proof, as it is a school activity day.** Should there are any enquiries, please contact Mr. Wong Ching Kwan or S1 Class Teachers at 2546 0117.

Thank you for your support in encouraging our students to lead a healthy and active lifestyle.

Yours faithfully,
Mr. CHAN Chun Ket
for Principal

Reply slip
Re: Sports Induction Day (S1)

Circular No. 099a (25-26)

Dear Principal,

I, the parent of _____ of Class _____ (No. _____), acknowledge the content of the Sports Induction Day detailed in your letter dated 25th November, 2025. I will allow my child to take part in the captioned event.

Signature of Parent/Guardian :

Name of Parent/Guardian :

Emergency Contact Number :

Student's Mobile Number :

Date :