

ST. LOUIS SCHOOL

Circular No. 278 (23-24)

11th July, 2024

Dear Parents/Guardians,

<u>Re: S1 Summer Activities Programme</u>

Extracurricular activity is viewed as an integral part of students' overall development at St. Louis School. To encourage active participation and sportsmanship, the school will organize a series of courses for our new Secondary One students during the summer holiday. **Each S1 student is required to join at least one program below.**

Team	Dates		Quota	Time	Venue
Athletics (Track & Jumping events)	5 Aug (Mon) 19 Aug (Mon)	12 Aug (Mon) 26 Aug (Mon)	40	1200 - 1400	St. Louis School Football Pitch
Athletics (Throwing events)	5 Aug (Mon) 19 Aug (Mon)	12 Aug (Mon) 26 Aug (Mon)	20	1400 - 1600	St. Louis School Football Pitch
Hockey	3 Aug (Sat) 17 Aug (Sat)	10 Aug (Sat) 24 Aug (Sat)	/	0830 - 1030	St. Louis School Football Pitch
Table Tennis	1 Aug (Thur) 22 Aug (Thur)	8 Aug (Thur)	20	1000 - 1200	St. Louis School Indoor Activities Centre (IAC)
Cycling	23 Aug (Fri)	27 Aug (Tue)	20	1000 - 1300	St. Louis School Football Pitch
Basketball	31 Jul (Wed) 14 Aug (Wed)	7 Aug (Wed) 21 Aug (Wed)	12	1000 - 1130	St. Louis School Basketball Court
Handball	31 Jul (Wed) 14 Aug (Wed) 28 Aug (Wed)	7 Aug (Wed) 21 Aug (Wed)	12	0900 - 1000	St. Louis School Football Pitch
Tennis	20 Aug (Wed) 27 Aug (Wed)		16	1030 - 1230 1400 - 1600	St. Louis School Football Pitch
Football	2 Aug (Fri) 23 Aug (Fri)	9 Aug (Fri) 30 Aug (Fri)	20	1330 - 1500	St. Louis School Football Pitch
Chinese Orchestra	Please refer to circular (no. 283) for details.				

Remarks:

- 1. When there is an oversubscription of a team, the selection will be made by drawing lots.
- 2. Please prepare suitable sportswear, water bottle, towel and extra clothing for changing.
- 3. In the event of public announcements by the Secretary for Education Bureau that all schools are to be closed due to adverse weather conditions, the program on that day will be cancelled.
- 4. Outdoor activities will be cancelled if the following is hoisted:
 - a) Tropical Typhoon Signal No.3 or above, or
 - b) Amber/ Red/ Black Rainstorm Signal.

The Summer Activities Programme involves vigorous outdoor exercise, which requires physical fitness, endurance and stamina from the participants. **Due to safety concern, those students who suffer from chronic diseases (e.g. heart diseases, asthma, diabetes or other serious diseases) or are advised by physicians not to perform vigorous exercise are not recommended to take part in the above activities.**

All selected participants will be notified via email on or before 19th July 2024 (Friday). If you have any enquiries, please contact School Office at 2546 0117.

Yours faithfully,

(Mr. CHAN Chun Ket) for Principal