

St. Louis School

Annual Sports Day 2022– 2023

Provisional Timetable

Day 1-----11th January 2023(Wednesday)					
No.	Time	Grade	Track Event	Field Event	Heats/Final
1	0830	A		Javelin	Final
2	0830	B		High Jump	Final
3	0830	C		Shot Put	Final
4	0845	C	100m		Heats
5	0910	A	100m		Heats
6	0920	B	100m		Heats
7	0930	A	1500m		Final
8	0950	C	1500m		Final
9	0930	C		Long Jump	Final
10	1015	A		Discus	Final
11	1015	A	400m		Final
12	1025	B	400m		Final
13	1040	C	400m		Final
14	1050	A	800m		Final
15	1100	B	800m		Final
16	1120	C	800m		Final
Lunch Break					
17	1330	B		Long Jump	Final
18	1330	C		High Jump	Final
19	1330	A		Shot Put	Final
20	1330	B		Discus	Final
21	1400	C	100m		Final
22	1405	B	100m		Final
23	1410	A	100m		Final
24	1420	S. 1	4x100m Relay		Final
25	1425	S. 2	4x100m Relay		Final
26	1430	S. 3	4x100m Relay		Final
27	1435	S. 4	4x100m Relay		Final
28	1440	S. 5	4x100m Relay		Final
29	1445	S. 6	4x100m Relay		Final
30	1455	Presentation of Prizes			

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Provisional Timetable

Day 2-----19th January 2023(Thursday)						
No.	Time	Grade	Track Event	Field Event	Heats/Final	
1	0830	A		Triple Jump	Final	
2	0830	A		Long Jump	Final	
3	0830	B		Shot Put	Final	
4	0900	B		Javelin	Final	
5	0900	A	110m Hurdles		Final	
6	0905	B	100m Hurdles		Final	
7	0915	C	100m Hurdles		Final	
8	0940	A	200m		Heats	
9	0950	B	200m		Heats	
10	1000	C	200m		Heats	
11	1000	A		High Jump	Final	
12	1010	A	5000m		Final	
13	1100	B	1500m		Final	
Lunch Break						
14	1300	C		Discus	Final	
15	1300	B		Triple Jump	Final	
16	1320	C	200m		Final	
17	1330	B	200m		Final	
18	1340	A	200m		Final	
19	1345	C	4x100m Relay (Inter-House)		Final	
20	1350	B	4x100m Relay (Inter-House)		Final	
21	1355	A	4x100m Relay (Inter-House)		Final	
22	1400	C	4x400m Relay (Inter-House)		Final	
23	1410	B	4x400m Relay (Inter-House)		Final	
24	1420	A	4x400m Relay (Inter-House)		Final	
25	1430	Invitation Relay				
26	1450	Presentation of Prizes				