



ST. LOUIS SCHOOL

Circular No. 237 (17-18)

17th April, 2018

Dear Parents/Guardians,

Re: Stay Vigilant against the spread of Hand, Foot and Mouth Disease (HFMD)

We would like to inform you about the situation at our school to the recent cases of Hand, Foot and Mouth Disease. Please be advised that as of today we have had three confirmed cases of Hand, Foot and Mouth Disease., including two Form Five and one Form four students.

The school has taken the following measures to prevent the spread of the disease:

1. Frequent and thorough sanitization of classrooms.
2. Monitoring students for signs of infection.

Reducing the spread of the disease will only occur with full co-operation of parents and you are kindly requested to help your children to take the following measures:

- Maintain good personal hygiene;
- Wash hands with liquid soap and water especially:
 - before touching nose and mouth;
 - before eating or handling food;
 - after touching blister;
 - after using the toilet;
 - when hands are contaminated by respiratory secretions e.g. after coughing or sneezing;
- Cover both the nose and mouth with a handkerchief or tissue paper when coughing or sneezing and discard the tissue paper into garbage bins with lids;
- Do not share towels and other personal items;
- Frequently clean and disinfect touched surface such as furniture, toys and commonly shared items with 1:99 diluted household bleach (mixing 1 part of 5.25% bleach with 99 parts of water), leave for 15 - 30 minutes, and then rinse with water and keep dry;
- Use absorbent disposable towels to wipe away obvious contaminants such as respiratory secretions, vomitus or excreta, and then disinfect the surface and neighbouring areas with 1:49 diluted household bleach (mixing 1 part of 5.25% bleach with 49 parts of water), leave for 15 - 30 minutes and then rinse with water and keep dry;
- Avoid close contact (such as kissing, hugging) with infected persons.

For detailed information about the disease, please visit

<http://www.chp.gov.hk/en/content/9/24/23.html>

Your attention in this matter is greatly appreciated.

(Health Education Team)
for the Principal