



## ST. LOUIS SCHOOL

Circular No. 160 (16-17)

18<sup>th</sup> January, 2017

Dear Parents/Guardians,

### **Re: Stay Vigilant against the spread of Hand, Foot and Mouth Disease (HFMD)**

In the last week, there was an increase in cases of the disease in our school (3 students in S. 5 and 1 student in S.3). In view of this, the school premises will be thoroughly cleaned and disinfected to keep the school environment clean and hygienic. Kindly be reminded to check the body temperature for your son and fill in the temperature records in the student handbook before he comes to school daily.

Reducing the spread of the disease will only occur with full co-operation of parents and you are kindly requested your children to take the following measures suggested by the Centre for Health Protection (CHP):

- Maintain good personal hygiene;
- Wash hands with liquid soap and water especially:
  - before touching nose and mouth;
  - before eating or handling food;
  - after touching blister;
  - after using the toilet;
  - when hands are contaminated by respiratory secretions e.g. after coughing or sneezing;
- Cover both the nose and mouth with a handkerchief or tissue paper when coughing or sneezing and discard the tissue paper into garbage bins with lids;
- Do not share towels and other personal items;
- Frequently clean and disinfect touched surface such as furniture, toys and commonly shared items with 1:99 diluted household bleach (mixing 1 part of 5.25% bleach with 99 parts of water), leave for 15 - 30 minutes, and then rinse with water and keep dry;
- Use absorbent disposable towels to wipe away obvious contaminants such as respiratory secretions, vomitus or excreta, and then disinfect the surface and neighbouring areas with 1:49 diluted household bleach (mixing 1 part of 5.25% bleach with 49 parts of water), leave for 15 - 30 minutes and then rinse with water and keep dry;
- Avoid close contact (such as kissing, hugging) with infected persons.

For detailed information about the disease, please refer to

<http://www.chp.gov.hk/en/content/9/24/23.html>

Your attention in this matter is greatly appreciated.

Yu Lap Fun Peter  
Principal



聖類斯中學  
通告第 160 號 (16-17)

各位家長/監護人：

**提高警覺預防手足口病**

本校在過去一星期發現手足口病個案有上升趨勢，當中涉及三名中五級一名中三學生。本校已加強校內感染控制措施，徹底消毒校園以防止病毒進一步傳播。請家長/監護人每天替 貴子弟量度體溫，並紀錄在學生手冊內。

減少病菌的傳播有賴家校合作。請家長/監護人提醒 貴子弟保持個人衛生，並參閱以下衛生防護中心的建議：

- 保持良好個人衛生；
- 用清水及梘液洗手，尤其是：
  - 在接觸鼻和口前；
  - 進食及處理食物前；
  - 接觸水疱後；
  - 如廁後；
  - 當手被呼吸道分泌物污染時；如咳嗽及打噴嚏後；
- 打噴嚏及咳嗽時，用手巾或紙巾掩著口及鼻。紙巾應包裹好放入有蓋垃圾桶內。
- 不要共用毛巾或其他個人物品。
- 經常清潔和消毒常接觸的表面、如傢俬、玩具和共用物件。使用 1 比 99 稀釋家用漂白水（即把 1 份 5.25% 漂白水與 99 份清水混和）消毒，待 15-30 分鐘後，用水清洗並抹乾。
- 用吸水力強的即棄抹巾清理可見的污物，如呼吸道分泌物、嘔吐物或排泄物，然後用 1 比 49 稀釋家用漂白水（即把 1 份 5.25% 漂白水與 49 份清水混和）消毒被污染的地方及鄰近各處，待 15-30 分鐘後，用水清洗並抹乾。
- 避免與患者有親密接觸，如接吻、擁抱。

有關腸傳染病的資訊，可參閱 <http://www.chp.gov.hk/tc/content/9/24/23.html>

感謝家長/監護人對預防和控制傳染病的支持。

校長  
余立勳

2017 年 1 月 18 日